











## Kids Club

Barbara Loch, director of Belleville Area College's Granite City Campus Kids Club, reads to youngsters enrolled in the school's day-care program. At left is Blake McGowan, 4, of Granite City, and Shonice Smith, 4, of Madison. The program presently has open enrollment for children ages 3 to 8 from 7:45 a.m. to 3 p.m. weekdays. Call 931-0600x6690 for information on enrollment.

# Madison-Fairmount City battle turns to courtroom hearing

## National Stockyards latest battleground

By Scott Cousins  
Staff writer

Court battles over annexations by the city of Madison will continue today, Wednesday, when a St. Clair County judge is expected to hear a motion on changing the venue of the case to Madison County.

In a related matter, the village of Fairmount City has annexed part of the disputed land and used annexations in the disputed territories to annex the St. Louis National Stockyards, a move that will almost certainly bring a legal challenge from the city of Madison.

The court hearing — on a motion to reconsider Associate Judge Scott Mansfield's November ruling against the change of venue — is set for 9 a.m. at the St. Clair County

### Courthouse.

The suit, which alleges that eight annexations by the city of Madison between Feb. 13, 1996, and June 2, 1998, are illegal because the properties were not contiguous to Madison, was filed by the St. Clair County State's Attorney's office.

Some of the disputed property includes overlapping annexations by Fairmount City.

Madison City Attorney Casper Nighossian argued in his original motion that because the Madison City Hall — the official place of business for the city — is located in Madison County, the court case should be heard there.

In his motion, Nighossian said that the Illinois Code of Civil Procedure said that "actions against a municipal governmental corporation must be brought against it in the

county in which its principal office is held."

The suit is similar to a previous lawsuit filed by the St. Clair County State's Attorney's Office over the annexation of Gateway International Raceway in the 1980s. That suit was eventually settled with Madison receiving the raceway, truck stop and approximately \$300,000 in property taxes that had accumulated since the suit was filed.

In the previous annexation battles, Fairmount City had stayed out of the official court fights, but their recent annexations will probably end that.

City officials said last week that the latest move by Fairmount City would almost certainly be challenged.

# Crowder wins judicial election, becomes newest county associate judge

By Dennis Grubaugh  
Staff writer

A family practice lawyer with a family of her own will become the next judge in Madison County.

Barbara L. Crowder, 42, of Edwardsville, was named Wednesday to fill an associate judgeship. She replaces David Herndon of East Alton, who last month resigned to become

a U.S. district judge.

"I'm kind of numb," she said. "An excellent choice (of candidates) was available to the judges. I can't tell you how gratified I am that they selected me."

Crowder was chosen by a vote of the nine circuit judges in Madison County. She needed only five votes to be selected, although the ballot vote remains secret. Seventeen

attorneys applied for the position.

She will become the fourth woman on the bench, joining Associate Judges Ann Callis, Ellar Duff and Lola Maddox. Chief Judge Andy Mateosian notified her of the appointment just before the lunch hour, and she immediately celebrated with a gathering of friends in the back room of the China Town Restaurant in Edwardsville, just a few doors down Main Street from her law firm, Crowder & Talliana. Crowder's partner — at work and home — is attorney Larry Talliana, her husband of 16 years, with whom she has three sons, 15, 14 and 7.

"I had lots of support, and he worked as hard or harder to make this come about," she said of her husband.

The swearing-in ceremony is still weeks away. She must relinquish her legal practice first, Mateosian said.

"It could be anywhere from two to six weeks. She does have partners (to take over her cases), which could speed it up," he said.

Partners Thea Rubin and Kathy Buckley will assume her work, Crowder said.

Associates handle a variety of cases and Crowder feels like she has been properly trained.

"I was an assistant state's attorney and an assistant

"I'm kind of numb. An excellent choice (of candidates) was available to the judges. I can't tell you how gratified I am they selected me."

Barbara Crowder  
New Associate Judge

public defender, tried jury trials and done juvenile cases. My background really covered the background needed to become an associate judge," she said.

She does not yet know what her assignment will be. Her predecessor handled a large civil caseload.

State Sen. Evelyn Bowles, D-Edwardsville, was one of Crowder's big supporters, meeting with each judge to pitch her credentials.

"I am absolutely delighted for her," Bowles said. "She is extremely capable and a very hard worker. I think she will bring much integrity."

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## Area sees changes in 1998

Continued from Page 2A

properties near the intersection of Illinois 3 and West Chain of Rocks, including the Richmann Trucking Company. The annexations would allow the city to tie in to the city of Madison's plans for Chouteau Island and the Old Chain of Rocks Bridge, with such concepts as hotels, restaurants and a Route 66 museum.

The pedestrian bridge is set to open later this year.

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## Obituaries

### Hollis Donaldson

HOLLIS W. "POPPY" DONALDSON, 67, of Granite City, died Sunday, Jan. 3, 1999, at St. Elizabeth Medical Center in Granite City.

Mr. Donaldson was born on Jan. 26, 1931, in Anderson, Mo. He was a retired mason helper from American Steel Foundries in Granite City and an U.S. Army

veteran. Mr. Donaldson was a member of Holy Family Catholic Church, Granite City, and umpired baseball and softball for the Granite City Park district for 35 years. He also served as a precinct committeeman for many years and was a member of the Mexican Honorary Commission of Granite City.

Survivors include his sons, Steve Donaldson of Barnhart, Mo., and Mark Donaldson of Granite City; three daughters, Alyson Weaver, Amy C. Allen and "Teri" May Valencia, all of Granite City; five brothers, Marvin Donaldson of Collinsville, Logan Donaldson of Granite City, Carl Donaldson of Dittmer, Mo., Charles Donaldson of St. Peters, Mo., and Ronald Donaldson of Granite City; four sisters, Joy Wilson of Sacramento, Calif., Edna Jones of Jerseyville, Phyllis Caron of Collinsville and Betty Donaldson of Fisk, Mo.; and nine grandchildren.

He was preceded in death by his wife, Mary Theresa (Barra) Donaldson; his parents, John and Bernice (Payne) Donaldson; and his son, John Donaldson.

Services will be held at 10 a.m. today, Wednesday, Jan. 6, at St. Mary's Catholic Church in Madison, with the Rev. Jim Keelner officiating. Burial will be at Calvary Cemetery in Glen Carbon.

Memorials may be made to the American Cancer Society or American Heart Association.

Irwin Chapel in Granite City handled the arrangements.

### Dorine Harper

DORINE T. (RODICK) HARPER, 74, of Granite City, died Saturday, Jan. 2, 1999, at Anderson Hospital.

She was born on Jan. 26, 1924 in St. Louis. She was a member of the Protestant faith and The Salvation Army.

Survivors include two sons, Randall Harper of Granite City and John Harper of New Hampshire; a daughter, Janet Collins of Granite City; a brother, Jack Rodick of Granite City; five grandchildren; and three great-grandchildren.

She was preceded in death by her husband, John Harper; her parents, Albert and Beattie (Mathis) Rodick; and her son, Walter Harper.

Services were held at 10 a.m. Tuesday, Jan. 5, at Werner Chapel in Pontoon Beach, with the Rev. Eddie Linhart officiating. Burial was at St. John's Cemetery.

Memorials may be made to The Salvation Army.

### Ralph Kell

RALPH WARREN KELL, 76, of Evansville, Ind., formerly of Granite City, died Wednesday, Dec. 30, 1998, in Evansville, Ind.

Mr. Kell was retired from Refrigeration Supply Company, where he had been a truck driver, and was a past president of the Machinists Union and the AFL-CIO Central Labor Council. He was a World War II Army Air Corps veteran.

Survivors include his daughter, Wanda Kell of Cleveland; two sons, Warren Kell and Wendell R. Kell, both of Evansville, Ind.; his mother, Loma McKee of Belleville; one step-

daughter, Carol Markland of Collinsville; two stepsons, Gary Lewey of Alton and Bobby Lewey of California; three sisters, Blanche Schmitzer of Evansville, Ind., Charlene Schmitzer of Evansville, Ind., and Betty Wykoff of Belleville; and 12 grandchildren.

He was preceded in death by his wife, Mary Kell; and his son, Wayne Kell.

Services were held Jan. 2 at Browning Funeral Home in Evansville, Ind., with the Rev. Patrick Cron officiating. Burial was in Sunset Memorial Park Cemetery.

Memorials may be made to the Daughters of Ohio Valley.

### Edward Peck

EDWARD L. PECK, 70, of Granite City, died Sunday, Jan. 4, 1999, at St. Elizabeth Medical Center in Granite City.

Mr. Peck was born June 30, 1928, in East St. Louis. He was a retired clerk from the U.S. Post Office in East St. Louis, where he worked for 24 years. He was a member of Holy Family Church in Granite City.

Survivors include his wife, Agnes (Sabot) Peck; two daughters, Mary Vahkamp of Waterloo and Patricia Jenkins of Chicago; two sons, Edward L. Peck Jr. of Glen Carbon and Timothy Peck of Granite City; one sister, Lucille Maxwell of Collinsville; and five grandchildren.

He was preceded in death by his parents, Jess and Stella (Krypiak) Peck.

Services will be held at 9 a.m. today, Wednesday, Jan. 6, at Holy Family Catholic Church in Granite City, with the Rev. Tom Wise officiating. Interment will be at Mt. Carmel Cemetery, Belleville.

Kassidy Mortuary in Fairview Heights handled the arrangements.

### George Perry

GEORGE WALTER PERRY, 76, of Granite City, formerly of Madison, died Saturday, Jan. 2, 1999, in Granite City.

Mr. Perry was born Sept. 21, 1922, in Madison. He was a press operator for Staal Packing Plant in Granite City and a member of First Baptist Church in Madison. He was a World War II U.S. Army veteran.

George Perry and Clara Alma Newman were married on July 5, 1953; she survives him. Other survivors include several nieces and nephews.

He is preceded in death by his parents, Frank and Minnie Christine Helwig; Perry's two brothers, Leroy and Arthur Perry; and his sister, Elsie Vance.

Services were held Tuesday, Jan. 5, at Irwin Chapel in Granite City with the Rev. Bill Owens officiating. Burial was at St. John Cemetery in Granite City.

### Rosella Ryan

ROSILLA (ESTER) RYAN, 81, of Granite City, died Wednesday, Dec. 30, 1998, in her home.

Mrs. Ryan was born on March 10, 1917, in St. Louis. She was of the Catholic faith.

Survivors include her two daughters, Helen Matthews of Maryville and Carol Wolff of Ballwin, Mo.; a son-in-law, Jim Klein of Cincinnati; a daughter-in-law, Mary Ryan of Columbia, Mo.; 15 grandchildren; and 12 great-grandchildren.

She married Thomas E. Ryan in May 1931; he preceded her death on Dec. 15, 1977. She was also preceded in death by her parents, Charles and Olga (Dieckhaus) Egster; her son James Ryan; and her daughter Rosemary Klein.

Services were held at Monday, Jan. 4, at Irwin-Scott Chapel in Glen Carbon, with the Rev. Michael Ewert officiating. Burial was at Calvary Cemetery in Glen Carbon.

## Make sure your car is ready for winter

By Darryl Howlett  
Staff writer

Mechanics say the difference between a safe trip home or being stranded on a roadway is winterizing your car.

Mechanics at Roberts Ford, 4550 Alby St., Alton, have seen a steady stream of customers winterizing their cars in preparation for a cold winter season.

Simple tips, mechanics agreed, make a world of difference.

"People are checking their cars before the temperature gets down below zero," said Rich Duba, a mechanic from Carrollton. "Make sure to check your anti-freeze, belts,

hoses — anything that can break — and make sure your best tires are in the front."

Duba said one of the biggest mistakes car owners make is not checking their batteries or anti-freeze.

"The anti-freeze can become frozen and blow your radiator apart," he said.

Another mechanic, Vince Stahl of Brussels, said the number of cars getting checked in the winter has decreased.

"Any car that is older, the owner should make sure the car is in good running order," Stahl said. "People are not coming in, not like it used to be."

Stahl said cars made after 1996 are made better and thus need less maintenance. He also said communication is the key during the winter.

"Carry a telephone in your car," he said. "Wear warm clothes and carry a blanket. Also, make sure people know where you're going and when you're going to get there."

Another important aspect of winter car care is the tires, said mechanic Kevin Steinacher of Carrollton.

"Years ago, (drivers) had snow tires (and snow chains)," he said. "The tires had these steel studs that were tearing up the roads."

Since then, people are using all-terrain or multi-purpose

tires. They're good in mud, snow, all year round," he said. "Multi-purpose is a quiet tire. People should make sure they have 32 pounds of air in their tires for an average-sized car."

Steinacher said to make sure to check the air pressure in tires since the pressure drops during cold weather.

The mechanics also suggested carrying a flashlight, jumper cables and bags of sand in cars. The sandbags can be used for traction during heavy snow and also weigh down a vehicle.

## SIUE professor brings engineering to life

Is it any surprise that a man who says he can make concrete float — and does — would also claim he can construct a bridge out of 3x5 note cards?

The real surprise is, he has middle school children across Southern Illinois doing it as well.

"Somewhere between toddler age and sixth grade, children appear to lose their natural curiosity about the world," said Luke Snell, department chair and a School of Engineering professor at Southern Illinois University at Edwardsville.

"By sixth grade, children view science and math as boring and too hard. We use the bridge-building project to demonstrate otherwise."

An SIUE study of 226 sixth-grade students revealed that only 2 percent of the children wanted to work in construction when they grew up, and even fewer considered becoming an engineer. The numbers were particularly discouraging to Snell when compared to the high interest children had in becoming lawyers, veterinarians or physicians.

Such attitudes are of particular concern to construction professionals who wonder what the engineers of tomorrow will come from if interest in the field isn't engendered at a young age.

Supported by a grant from the Southern Illinois Construction of Advancement Program, the funding arm of the Southern Illinois Builders Association, Snell has launched a research project to create in children an interest in engineering and construction careers.

Involving middle school students in hands-on

activities, Snell, along with a team from his department, visited schools in an attempt to retain that original spark of enthusiasm and curiosity from early childhood.

Using activities that are carefully structured to emphasize specific scientific principles, Snell and his wife, Billie, an educational consultant, have created a paper bridge teaching kit that can be used in math and science classes.

Working in two, 90-minute classroom sessions, the SIUE team — consisting of Snell, his wife, and several SIUE construction students visited middle schools through December. During the first, the team has the middle school students perform different experiments using the 3x5 index cards, two pencils, scissors, rulers and glue sticks.

"We have the children cut the cards according to various instructions," Snell said. "Then they place their paper 'beams' onto their 'supports' — the pencils — and load pennies until the beam fails. Once they've completed this, the children chart their results."

These experiments demonstrate several basic engineering and construction concepts, Snell said.

With these lessons learned, the middle school students are presented with the

Snells' "Design and Build a Bridge Challenge." During the second session, students working in teams are given 20 minutes to build a bridge, again using nothing more than the index cards, glue sticks and pencils. Their bridge must span an opening that is 6 inches wide, have a level surface, and be at least as wide as a penny.

"We test the bridges for strength and judge them on attractiveness," Snell said. "Students who build a bridge that will support 50 pennies or more are awarded a 'Master Builder' certificate. We also present

certificates for the 'Most Attractive Bridge' and the 'Strongest Bridge.'

"Next spring, these students will have the opportunity to compete in a new 'Bridge Challenge.' The regional competition will also have a career fair during which the middle school students will be exposed to careers and educational opportunities in construction and engineering."

The challenge is scheduled for April 9 on the SIUE campus.

When asked about skeptics who doubt the ability of paper to support the weight of so many pennies, Snell slyly points to his demonstrations in schools where he makes concrete float.

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## Arch revises hours for papal visit

The Gateway Arch will modify its hours of operation Jan. 23-28, when it will be open to the general public from 8 a.m. to 8 p.m.

The purpose of the temporary change in hours of operation is to accommodate the expected increase in visitation due to the pope's visit to St. Louis.

The Gateway Arch will resume its winter hours, which are 9 a.m. to 6 p.m. daily, Jan. 29. The Old Courthouse hours of operation, 8 a.m. to 4 p.m. daily, will remain unchanged.

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Continued

officers were a trooper had suspect vehicle near Troy. The pursuit in which exceeded 100 Penny said.

The chase of Staunton where were unable to traffic.

"They pulled shoulder and they lost control started spinning. The car slid where it lost. Almost miraculously, suspect not injured. Pick-up were arrested."

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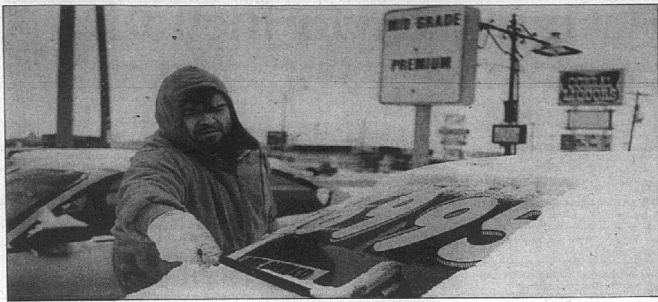
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The entire Granite City area was blanketed with a white coating to usher in 1999, thanks to a winter storm that struck Friday and Saturday. Some eight inches of snow and ice fell on the Tri-Cities, closing Granite City, Madison and Venice schools Monday and creating much havoc. It also caused car owners, including this one, to wipe off the white stuff before they could get on the road or, in this case, sell a car.

Tim Stephenson photo

## Two shot in Fairmount City car lot robbery

Continued from Page 1A

Officers were broadcasting that a trooper had spotted the suspect vehicle on Interstate 55 near Troy. That led to a pursuit in which speeds exceeded 100 miles per hour, Penny said.

The chase ended near Stanton when the suspects were unable to get through traffic.

"They pulled onto the right shoulder and tried to pass, but they lost control and just started spinning," Penny said.

The car slid into a field where it lost a rear wheel. Almost miraculously, neither suspect nor any officers or surrounding motorists were injured. Pickens and Madison were arrested by Illinois State

Police without incident, Penny said.

On Saturday, each of the men were charged with two counts of aggravated battery and armed robbery. They were being held in the St. Clair County Jail in lieu of \$1 million bail each. Penny said both men have criminal histories and were on parole.

The victims initially were taken to St. Mary's Hospital in East St. Louis. They later were transferred to undisclosed hospitals, where both remained Monday in serious condition, Penny said.

Penny said handling the case was especially difficult for members of his department, many of whom are well acquainted with the female victim. She recently became engaged, he said.

Penny and his officers take

at least some comfort in the events that followed the shooting.

"It was a gruesome and disorganized crime scene, so I credit the responding officers and the Illinois State Police," Penny said. "It was a very horrible and tragic crime, but everything that could have gone well... just fell into place."

Penny said that during a staff meeting a few weeks ago, it was discussed how there had been so few violent incidents in the community during 1998.

"We had almost a complete lack of seriously violent cases like this," Penny said. "It was the third robbery in the village."

## Severe winter storm ushers in new year

Continued from Page 1A

the median. Profit refused medical attention.

At about 8:28 p.m. a second car overturned on Illinois 3 at St. Thomas Road.

Both the driver and his 5-year-old son were taken to St. Elizabeth Medical Center in Granite City.

The driver, James E. Dillard Jr., 25, of East St. Louis, told police he was southbound on Illinois 3 when he lost control, entered the median and rolled over.

Collinsville Police Chief Gerrit Gillespie said that only five accidents were reported, none of them serious.

"We'll take that," Gillespie said. "We're thankful that's all there were."

Illinois State Police Trooper Ralph Timmons said that by Monday morning, State Police had responded to 81 accidents since noon Friday. He also said they responded to 250 motorist assists — mostly vehicles in ditches.

"We would like to applaud a lot of people who, having the day off Friday and Saturday, chose to stay home," Timmons said.

No weather-related traffic fatalities were reported by the State Police, and only one fatal traffic accident was reported over the New Year's holiday.

In that incident, the driver of a car was killed on Illinois 159 just outside Edwardsville at about 2 a.m. Friday.

Reports were not complete on the single-car incident, but alcohol is believed to be a contributing factor.

While police continued to patrol, crews with the Illinois Department of Transportation worked 12-hour shifts to clear highways.

Kent Muskopf, operations engineer for IDOT District 8 in Collinsville, said Monday that most of the interstates have cleared pavement.

"In the metro area,

Interstate 64, 55-70 and inside the I-255 loop is clear pavement," he said. "I-270 has some spot ice."

"On the primary roads, you need to use caution because there is some snow blowing across the roadway," he said.

"The north-south routes (such as Illinois 111) are still creating some problems because as fast as we clean it off, the snow blows back on."

Muskopf said the wind was expected to die down Monday, which would make it easier for crews to clean off roads.

He also said expected sunshine would also help, especially with the use of chemicals on the roadways.

"We really count on the sun to help us," Muskopf said.

Since the snow and ice started Friday, he said, highway crews had put an estimated 6,000 tons of salt and chemicals on the region's roads.

On Monday, crews were still out working 12-hour shifts.

Muskopf said if they can get most of the snow cleared from the weekend storm, then expected snow the rest of the week should not be much of a problem.

Our reports say on Tuesday up to an inch," he said.

"Hopefully, if we can get things cleared we can handle one inch easily."

"What really got us here was that we got up to 6 to 12 inches, but in the south we got that rain that left a coating of ice on top of that snow."

The holiday weekend was also harrowing for Collinsville Director of Streets Mike Tognarelli. His department logged 38 hours of overtime during the holiday weekend and spread hundreds of tons of material to keep city streets passable.

Adding to his woes was frozen chemicals and three broken trucks.

"That ice is tough on these trucks," Tognarelli said. "I'd have rather had 15 inches of snow than 2 inches of ice."

That's what's left on most of

the side streets and I just don't have any way of getting it off there."

Tognarelli rang in 1999 running a road grader when all he could summon were six workers. Shifts went from 2 a.m. Friday to 8 a.m. Saturday, from 6 a.m. to 6 p.m. Saturday and finally from 6 p.m. Saturday until 3 p.m. Sunday.

"Finally, these guys were just too tired, and I sent them home Sunday," Tognarelli said.

Shifts resumed at 6 a.m. Monday trying to make the commute following a three-day weekend as safe as possible.

"This is the worst one I've handled in my five-and-a-half years as director," Tognarelli said. "There wasn't as much as the storm of 1982, but this one may have been worse because of the ice."

In Madison, Mayor John Hamm said his street department had most of the streets clear by Saturday evening.

"Our streets are excellent," he said. "The street crew did a fabulous job."

On Monday, he said crews were working to clear out people who were blocked in by Saturday's plowing, giving priority to those who have to go out for medicine or to doctor's appointments.

Granite City crews were also busy, but officials could not be reached for comment.

Also on Monday, meteorologist Chris Albers of the National Weather Service said they were expecting "slight" amounts of snow Tuesday evening and the possibility of snow Thursday changing to rain Friday.

She also said there would be a gradual warming trend, with Friday's temperatures in the mid- to upper-30s.

## Orthodox Christians observe Christmas

Continued from Page 1A

any kind of pagan celebration, remained faithful to the ancient church and maintained Jan. 6 as the feast of the nativity and the epiphany of Christ."

Kassabian said traditional celebrations of Christmas include a period of fasting from Dec. 30 to Jan. 5 and the fasting ends with the end of the divine liturgy that evening.

"According to tradition in Armenia, the children and younger men would leave church and go to the homes of

the elders and visit the elders," he said.

They would have a meal, then go to church the next morning.

The celebration of Christmas continues on Jan. 13 with a 9 a.m. service to celebrate The Feast of the Naming of the Lord.

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## Baseball team gets name

Continued from Page 1A

life, a Grizzlies home jersey and a road trip with the team during its inaugural season of 2000.

"The name 'Grizzlies' had everything we were looking for, and we came up with a great logo," said Margulies, who assumed his duties on Dec. 1. "We wanted to find a mascot that was approachable and huggable for the kids, but also fierce."

Gateway Grizzlies merchandise, as well as ticket brochures, will be available at the Hat Zone in St. Clair Square, Primary Network in Edwardsville and East St. Louis and by calling the team's office at 632-0100.

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## Firefighters' donation

Granite City Firefighters Local 253 recently donated money to several local organizations, including Protestant Welfare, The Salvation Army, Phoenix Crisis Center and Good Samaritan House. Pictured are, from left, Art Asadorian, Christy Purcell of Good Samaritan House and Danny Green.

Shirley Valencia photo

## Meth labs, campaign finance targets of new laws

A smattering of new state laws hits the books in 1999, including tougher penalties against methamphetamine manufacturers, strides in government ethics and campaign finance reforms, and measures to crack down on juvenile crime.

A person found to be in possession of ephedrine, the main component of methamphetamine, now will be charged with a Class 4 felony, punishable by up to three years in prison and a \$25,000 fine. The new law also restricts the sale of ephedrine to address the improper use of the drug as a stimulant.

"This is a significant (drug) problem we have here," said state Sen. Evelyn Bowles, D-Edwardsville. "The next step is we're going to start (cracking down) on the labs." Bowles said the law is the first step in dealing with a multi-faceted problem. In

addition to the illegality of using, possessing or selling the drugs, manufacturers often steal the relatively common and legal ingredients used in making the drugs.

Bowles said the Legislature intends to address drug-related thefts in the coming session. House Bill 672 also takes effect in 1999, imposing new measures regarding campaign disclosure. Political committees must file reports with the State Board of Election electronically beginning July 1 to make public inspection easier.

Campaign contributors who donate more than \$500 must disclose their occupations and employers.

The new law also includes a gift ban, prohibiting legislators, elected or appointed officials, judges and state employees from receiving gifts from lobbyists, state contractors or others who

seek action or conduct business with the state.

The law will also prohibit the personal use of campaign funds. No campaign funds may be used to pay for specific personal expenses, such as buying a home, clothing or personal laundry expenses or for the purchase of a motor vehicle.

Additionally, the law prohibits contributions from being offered or accepted on a face-to-face basis by public officials, employees or candidates on state property. A violation could result in a fine of up to \$10,000.

Fund-raisers in Springfield will be off limits when the Legislature is in session, including the fall veto session.

More campaign finance reform is needed, said state Sen. David Leuchtefeld, R-Okawville.

"I do believe this is a start and very likely will be

addressed again somewhere down the road," he said. "But I think that if someone wants to violate those laws, there will be a way to get around them. I can live with any reform that's fair to both the incumbent and the challenger."

Bowles called the new law "really significant." "Some strict guidelines had to be put in place," she said. "I think this one has teeth in it. I really do."

Juvenile offenders in Illinois will be dealt with differently under the new Juvenile Justice Act. "The law focuses on preventing juveniles from leading a life of crime through intervention programs."

A statewide record-sharing system among police agencies will help law enforcement track a juvenile's run-ins with police.

## Stations slated for Metro Link

By Becky Garrison  
Staff writer

Stations, park-and-ride lots, train tracks and a building maintenance facility will be appearing as the St. Clair County extension of MetroLink progresses in 1999.

Even with buildings going up, Greg Northcutt, deputy executive director for MetroLink engineering and construction, said that bridge construction will continue to be the major sign of visible progress this year.

"Our primary emphasis for 1999 will be to build stations and continue mainline construction," Northcutt said. "Bridge construction will continue to cause traffic delays, but they should be minor in nature."

Northcutt was excited at the prospect of laying the tracks. "In March, if the weather holds out, we will begin laying track," Northcutt said. "It's starting to look like a real railroad."

Northcutt said the major

construction project this year will be the building maintenance facility at 29th Street and St. Clair in East St. Louis.

A goal was set early in the project to have the St. Clair County extension up and running by May 1, 2001.

"This is a three-year project, subject to delays, both weather and construction," Northcutt said. "We made a prediction in late 1996 and, with good weather, we should be able to

meet our goal."

The St. Clair County extension will run 17 miles. One station will be located in Fairview Heights, at the intersection of St. Clair Avenue and Illinois Route 161; two in Belleville, one at the intersection of Illinois 161 and 57th Street and one on Scheel Street northeast of its intersection with Illinois 161; and one at Belleville Area College, at the intersection of Greenmount Road and Carlyle Avenue.

## Paperwhites tips from the experts at

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pot with or without drainage holes and follow these instructions:

**For containers without drainage holes:**

1. Place 2 to 3 inches of washed gravel or small stones in the bottom of the container.
2. Carefully place the bulbs on the gravel or stones.
3. Place enough gravel or stones around the bulbs to hold them in place.
4. Add enough water to bring the water level to just below the base of the bulbs.
5. Maintain water at this level. The bulb should never be in contact with the water.

**For containers with drainage holes:**

1. Use a well-drained potting medium.
2. Plant bulbs with the nose of the bulbs even with the rim of the pot.
3. Water thoroughly after planting.
4. Keep moist.

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## Information

Corey Collins, one of the computer experts throughout the state, looks up information-reli-

## Use so

By Darryl Howle  
Staff writer

Healthy people, those with medicine should take extra shoveling snow in winter months.

"In persons who normally inactive or hidden heart shoveling can trigger attacks and even

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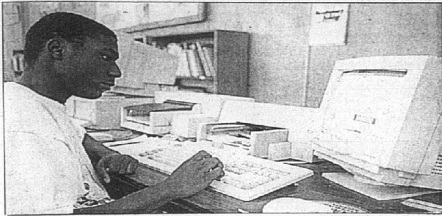
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Scott Cousins photo

## Information please

Corey Collins, a freshman at Venice High School, uses one of the computers in the school library to find information on foreign cars for a report. Schools throughout the Tri-Cities and the state are installing computers and on-line services to allow students to look up information in an increasingly information-reliant world.

# U.S. postal rates go up one cent Jan. 10

## Increase funding improvements in service, USPS says

By Nicole Vaughn  
Staff writer

A rooster plus 32 cents equals H.  
It may sound like some kind of demented algebra, but it's actually a summary of the new U.S. Postal Service stamp rates.

The "rooster" stamp represents a 1-cent addition that can be added to any 32-cent stamps postal patrons may still have when the new 33-cent rate goes into effect Jan. 10.

The "H" stamp represents the 33-cent rate. The USPS issues these generic stamps until ones reflecting the new amount can be used. It began with "A" in 1970, Collinsville Postmaster John Serlich said.

Since then, stamp prices have increased every few years. The one in 1990 was an 18 percent increase, which added stamps from 25 to 29 cents each.

The last increase was less — 3 cents or 10 percent — raising it to 32 cents.

It makes this 1-cent increase seem minuscule. But pennies add up.

"We (USPS) handled 90 billion pieces of mail last year," Serlich said. "Add it all together, it does become significant."

The USPS filed for a rate increase in July 1997 and got approval last June. The Postal Service accepted the recommended 1-cent increase and even decided to wait until after the first of the year to

implement it. That cost them an estimated \$4 billion in revenue from the Christmas season, Serlich said.

"We were going for a moderate increase, not something that's going to kick the customer in the teeth," Serlich said.

Other rate changes include a 12.4 percent increase overall in the four types of packaging the USPS handles.

Express mail service, which delivers in 24 hours, is increasing by \$1 per half-pound, and Priority Mail, which delivers in two to three days, will increase to \$3.20 from \$3 per 2-pound package.

The stamp covers up to a 1-ounce letter, and while that is increasing, the rate for the second ounce will drop by a

penny. The postcard rate of 20 cents will remain the same, Serlich said.

The increase will go toward capital improvements within the USPS, including new equipment and facilities. It will also fund a new service — delivery confirmation — that will debut in late March or early April, Serlich said.

The new service will be available on all Priority or Parcel Post mail. It will assign a bar code to each eligible piece of mail, a code that will be entered into a hand-held scanner once it is delivered.

When the carrier's route is completed, that information will be downloaded into a national database.

## Use some caution when shoveling snow after storms, says health expert

By Darryl Howlett  
Staff writer

Healthy people, as well as those with medical problems, should take extreme caution in shoveling snow during the winter months.

"In persons who are normally inactive with known or hidden heart disease, snow shoveling can trigger heart attacks and even sudden

cardiac death," said Dr. Barry Franklin, spokesman for the American Heart Association's Midwest Affiliate in Alton.

The American Heart Association wants the public to know that middle-aged or older people who haven't been physically active should use extreme caution, including no lifting of heavy shovels piled high with snow.

The organization said the

combination of sudden physical exertion and the cold increases the heart's workload.

"Several years ago, researchers at Beaumont Hospital in Detroit found that the heart rate and blood pressure responses to shoveling heavy, wet snow often approached and exceeded the emergency room staff's maximum exercise testing," Franklin said. "Within two

minutes, most subjects had already exceeded their upper heart rate limit for aerobic exercise training."

"It is no wonder that each year, many middle-aged and older individuals experience cardiovascular complications during snow shoveling."

Maurice Sonnenwirth, an emergency room staffer at Alton Memorial Hospital, said he has seen his share of

patients from shoveling snow.

"Every year, there's people shoveling snow that have no business shoveling snow," he said.

"The problem is you have someone with no history of cardiac problems, then you get middle-aged and older men and women who feel over suddenly. (Shoveling snow) is a lot more strenuous than it appears to be."

"It is a combination of

weightlifting and rapidly moving at the same time. That stress, plus the cold, may have something to do with (having a heart attack). It is a strenuous activity."

Sonnenwirth said the emergency room staff is prepared to deal with heart attack victims not only in the wintertime, but all year long.

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## Marketing your crop more important than ever

Low prices have many producers looking for better ways to market their crop. Adding value to their crops has been mentioned as a solution to these low prices.

When looking at added value agriculture, it is important to understand the difference between capturing added value and creating added value. Capturing added value is generally accomplished by producing a better product or assuming more of the

processing. High-oil corn or other identity-preserved commodities are examples of capturing added value by producing a more valuable product.

Backgrounding calves or retained ownership in the feedlot are examples of assuming more of the production process. New generation cooperatives that process commodities into consumer products, such as chips or ethanol, are also

examples of taking over the production process.

Creating added value occurs when a new product is produced or services, which are valuable to the customer, are added to the product.

An example of this would be providing farm tours or hayrides to a pumpkin operation. The customer is willing to pay for the recreational experience at the prices that exceed the normal market value of the pumpkins themselves. Market identification and reaching the market are the major challenges when creating value.

Most producers of the major commodities are interested in capturing added value. They are looking into ways to form networks, alliances, or cooperatives allowing them to work together and share efforts to increase the value of their commodities.

While capturing added value is often an easier approach than creating added value, it should be noted that these added values may be eroded away as more producers join in alliances or produce specialized commodities. Increased production usually leads to lower prices.

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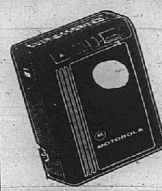
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# State grant money helps grandparents raise grandchildren

By Becky Garrison  
Staff writer

With an estimated 70,000 Illinois children being raised by their grandparents, more than \$59,000 in grant money was distributed last week to help support grandparents.

The grants will be used to establish local support groups for grandparents raising grandchildren.

The announcement was made recently by Illinois

Department on Aging director Maralee I. Lindley.

"Grandparents who take on this role often need guidance when it comes to their grandchildren's education, or with issues relating to custody, benefit eligibility, child care and parenting skills," Lindley said. "Support groups offer a common ground where grandparents can seek and share this information with each other."

Funding to assist grandparents raising

grandchildren was identified as a high priority in Gov. Jim Edgar's fiscal year 1999 budget.

"With approximately 70,000 Illinois children being raised by their grandparents, it's important to provide adequate guidance and support to ensure that these children have an opportunity to succeed," Edgar said.

Locally, Mid-America Behavioral Healthcare of Belleville will receive \$1,000 of the grant money.

"We will use that funding to establish a support group," said Mark Peterson, associate executive director. "Within our clientele, we believe there is a population of 30 families that will benefit."

Lindley said everything from parental drug and alcohol abuse, mental health issues and incarceration and death of a parent contributes to the growing number of grandparents as primary care givers.

"Whatever the

circumstances, grandparents seem to courageously step forward when a full-time care giver is needed," she said.

The department of aging has recently published a resource guide for grandparents raising grandchildren. The guide, along with information on local support groups, can be obtained by calling the department's Senior HelpLine toll-free at (800) 252-8966 (voice and TTY).

"Grandparents who take on this role often need guidance when it comes to their grandchildren's (lives)."

Maralee Lindley  
Illinois Department  
on Aging director

## Club holding annual contest

The Metro-East Toastmasters Club No. 2878 is sponsoring its fourth Exposition and Second Community Tall Tales Contest.

The event will be from 10 a.m. to 2 p.m. Jan. 9 in the Kennedy Room at the East St. Louis Public Library, 405 N. Ninth St.

According to Toastmasters chair Cynthia Crawford, to enter the contest, a person must "like to stretch the imagination of the audience and speak for more than two minutes but less than five" on a "theme or plot of a highly improbable nature."

The subject matter may be serious or humorous, but no profanity or dirty jokes will be allowed.

Registration is \$2; a light lunch is provided.

For information, call Toastmasters member Helyn Tharpe at 471-4321, president Fern Watts at 271-3392 or Crawford at 451-7439.

The Toastmasters Club normally meets at 9 a.m. every second and fourth at Saturday at the library and will celebrate its 20th anniversary in April.

—Scott Cousins

## School Menus

Jan. 6-8

### Granite City Public Schools

**WEDNESDAY, Jan. 6** — Breakfast: Scrambled eggs, biscuit and jelly, orange wedges, milk; Lunch: Barbecue ribs on bread, baked beans, pear half, milk.  
**THURSDAY, Jan. 7** — Breakfast: Cooked oats, toast and jelly, banana, milk; Lunch: Spaghetti with meat sauce, tossed salad with lite dressing, garlic cheese bread, sliced peaches, milk.  
**FRIDAY, Jan. 8** — Breakfast: Breakfast burrito, cinnamon applesauce, milk; Lunch: Fish on bun, macaroni and cheese, peas, mixed fruit, milk.

### Madison Public Schools

**WEDNESDAY, Jan. 6** — Breakfast: Pop Tarts, milk; Lunch: Ravioli and meat sauce, peas, peaches, bread, breaded pork patty, milk.  
**THURSDAY, Jan. 7** — Breakfast: Cereal, toast, milk; Lunch: Chicken patty-whipped potatoes, green beans, applesauce, bread, nachos, milk.  
**FRIDAY, Jan. 8** — Breakfast: Eggs, toast, milk; Lunch: Nachos with ground beef, tortilla chips, carrot sticks, celery sticks, fruit cocktail, pizza, milk.

### St. Elizabeth School

**WEDNESDAY, Jan. 6** — Lunch: Grilled chicken on bun, baked beans, slaw, peaches, milk.  
**THURSDAY, Jan. 7** — Lunch: Chef salad with ham, garlic bread, mixed fruit, brownie, milk.  
**FRIDAY, Jan. 8** — Lunch: Vegetable soup, toasted cheese sandwich, celery sticks, pears, milk.

### Holy Family School

**WEDNESDAY, Jan. 6** — Lunch: Fried chicken, mashed potatoes, green beans, rolls, cherry crisp, milk.  
**THURSDAY, Jan. 7** — Lunch: Salisbury steak, mashed potatoes, peas, bread, apricots, milk.  
**FRIDAY, Jan. 8** — Lunch: Pizza, salad, bread, jello with fruit, milk.

# AFTER 50 YEARS THURSDAY PUBLIC DISPOSAL

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<b>\$1,999 DON'T MISS SOFA AND LOVESEAT</b> "Old World Style" <b>\$1,098</b>	<b>\$3,999 "BE EARLY" TABLE &amp; 6 CHAIRS AND CHINA</b> COUNTRY OAK <b>\$1,888</b>	<b>\$699 "BE QUICK" 5 PIECE DINETTE</b> FARMHOUSE <b>\$388</b>	<b>\$399 OAK "BE EARLY" COCKTAIL TABLE &amp; 2 END TABLE</b> BE EARLY <b>\$388</b>	<b>\$1,799 "TRISS BACK" TABLE &amp; 6 CHAIRS</b> NOSTALGIC OAK <b>\$898</b>	<b>\$1,999 "MUST BE" SLEIGH BED</b> "FAMOUS MAKER" <b>\$897</b>
<b>\$1,999 "BE EARLY" CHERRY BEDROOM</b> "ELEGANT STYLE" <b>\$998</b>	<b>\$2,199 "BE EARLY" SOFA AND LOVESEAT</b> SOUTHWEST <b>\$1,288</b>	<b>\$699 CHERRY ENTERTAINMENT CENTER</b> SOUTHWEST <b>\$398</b>	<b>\$399 "BE EARLY" SECTIONAL SLEEPER</b> WITH RECLINER <b>\$1,688</b>	<b>\$1,799 "TRISS BACK" TABLE &amp; 6 CHAIRS</b> NOSTALGIC OAK <b>\$898</b>	<b>\$1,999 "MUST BE" SLEIGH BED</b> "FAMOUS MAKER" <b>\$897</b>
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<b>\$1,999 "BE EARLY" ARMCHAIR</b> SAFE CO. <b>\$997</b>	<b>\$1,999 "BE EARLY" SOFA AND LOVESEAT</b> ONE ONLY! <b>\$978</b>	<b>\$1,999 "BE EARLY" SOFA, CHAIR &amp; LOVESEAT</b> ONE ONLY! <b>\$498</b>	<b>\$399 "BE EARLY" SECTIONAL SLEEPER</b> WITH RECLINER <b>\$1,688</b>	<b>\$1,799 "TRISS BACK" TABLE &amp; 6 CHAIRS</b> NOSTALGIC OAK <b>\$898</b>	<b>\$1,999 "MUST BE" SLEIGH BED</b> "FAMOUS MAKER" <b>\$897</b>

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# Sports

sports on-line, www.yourjournal.com

## The best team

1961 Collinsville was outstanding; '59 Maroons had impressive run

Want a question to ponder during these winter months of another high school basketball season?

What was the best boys basketball team you ever saw?

That question came to mind recently upon hearing John Walsh, the promoter of Chicago's Hoops in the Loop

their answer to the St. Louis Shootout say that Hyattsville (Md.) DeMatha was "the best-drilled high school team I have ever seen."

Even after DeMatha had routed powerful Chicago King 84-66 at (Chicago) Loyola's Gentile Center — two days after a lackluster 59-51 victory over St. Louis CBC in Shootout on Dec. 10 at Kiel Center — I wonder how much basketball Walsh has watched.

When it comes to "best drilled" was there ever a better prep team than the 1961 Collinsville team, which completed a 32-0 season with an 84-50 rout of Harvey of Thornton for the state title?

After edging Centralia 66-64 in the supersectionals, Collinsville made a mockery of the state finals. Coach Vergil Fletcher's team ripped Rockford East 71-48 and Peoria Manual 76-39 to reach the championship game. The state finale was tied 14-14 after one quarter until Bogie Redmon (31 points), Fred Riddle (24), and Bob Basola (12) dominated.

How good was Collinsville? Consider the final regular-season poll of '61 showing the Kahoka No. 1 in the state followed by No. 2 Centralia (24-1), No. 3 Rockford East (20-1), No. 4 Peoria Manual (20-2) and No. 12 Harvey of Thornton (18-2).

When it comes to "best drilled" in a single game, my choice is the 1959 Maroons team of Belleville Township, which entered the postseason with a 9-16 record, including a 3-9 Southwestern Conference mark.

After averaging two regular season losses to East St. Louis with a 56-46 upset in the regional tournament opener, the Maroons shocked Lincoln of East St. Louis, 21-0 and ranked 10th in the state, 66-50.

Despite featuring all-state candidate Mel Patton, a three-year starter as a junior, the Belleville team of Coach Ray Freeark had to employ a slow-down offense while playing tenacious defense.

The combination worked and thanks to outstanding scouting by the likes of assistant coach Al "Boots" Buddie, the Maroons overcame a huge height deficit against Lincoln and did the same against an equally tall Dupu squad.

Best drilled? In the regional title game against Dupu, the Maroons connected on all 14 of their field goal attempts in the last three quarters and finished the 49-36 upset with 17 of 20 field goals for an amazing 85 percent.

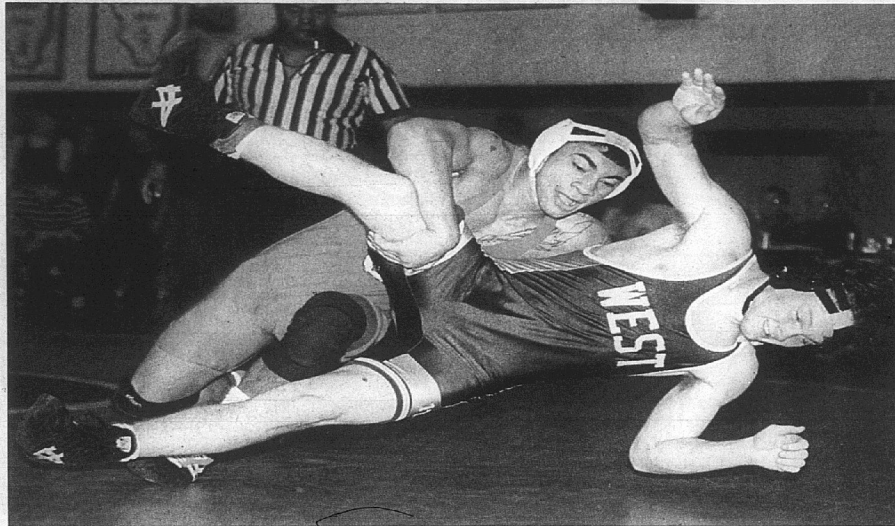
In the sectional tourney at Pinckneyville, the Maroons' formula worked again for a 46-44 win over the state's 13th-ranked team. Belleville's season ended with a 53-53 loss to Herrin, which was ranked No. 2 with a 23-0 record.

In addition to Patton,

Art Voellinger

See MAROONS, Page 3B

## Holiday event was loaded with talent



Tim Stephenson photo

Granite City's Brooks Narvaez (top, behind) won the 152-pound weight class at the holiday tournament by beating Belleville West's Corey Ford.

Tournament was rigorous at 119 and 160 pounds

By Rick Broome  
Staff writer

The 38th annual William "Red" Schmitt Holiday Wrestling Tournament last week lived up to its billing as one of the best events in the state.

Oakville, one of the top teams in Missouri, outpointed Granite City for the title last Wednesday while Mahomet Seymour finished third.

"The 160-pound class was loaded; 119 was loaded," Granite City coach Mike Garland said. "J.D. McKinney (119 pounds) from Hazelwood Central comes in as the defending state champ and beats (Mahomet Seymour's) Andrew Kesler," and (Belleville West's) Joe Rujawitz comes back and beats him. You had Burke Bohnsack from Carbondale. It was a heck of a tournament, a lot of talent, a lot of good teams."

Just as tough was the 160-pound class, where Granite City's state challenger George Kirgalski lost a decision in the finals to Oakville's Scott Barker.

"Barker and the rest of that

See HOLIDAY, Page 5B

## Warriors drop fourth consecutive game

By Rick Broome  
Staff writer

The Granite City Warriors dropped their fourth straight game in the Mid-States Club Hockey Association, bowing 6-1 loss to St. Mary's of south St. Louis.

"We got off to a bad start," Granite City coach Dave Yurkovich said. "We didn't play aggressive, and they dominated play, played keep-away. We didn't do a very good job."

"We were trying to play man-to-man in the zone and double-team down low, behind the nets or deep against the boards. That way we would still have a defenseman and winger in the front of the goal."

"But we weren't doing a very good

St. Mary's takes advantage of early woes as Granite City suffers 6-1 Mid-States loss

job of filling the passing lanes. We were kind of running around scattered, and they dominated the first period." Things started to turn in the second period for the Warriors, but the effort didn't translate on the scoresheet.

"We outplayed them in the second period, pretty handily in my opinion," Yurkovich said. "We just couldn't score. We finally started taking away the passing lanes and we had the puck in their end. We just weren't being selective with our shots on some, and on others we made their goalie look good by hitting him with the shots. It

was a much different period than the first. The third was pretty even, but we were only able to get one goal."

Greg Fritchard scored the Warriors' only goal, at 5:39 of the third period. Despite the six goals the Dragons scored, goaltender Steve Wojciechowski had a solid game for the Warriors.

"Steve played very well," Yurkovich said. "He bounced back after a tough game against Hazelwood (Mo.) Central, where he gave up three quick goals and I had to yank him after four minutes." The Warriors were expecting some

changes for a game Tuesday night against Town and Country (Mo.) Priory, in a game that was postponed from Saturday night due to the weather. The Warriors' top line of Bob Scott, Ty Suhrre and Greg Fritchard was to be broken up and hunking forward Jon Burns was to return from injury.

"The top line have been playing too much offense and not enough defense," Yurkovich said. "We talked about that and got it straightened out."

"We knew that if this line could go out and score goals and the other lines could keep the puck out of the net, we would be OK. It worked great in the first game they played together and after that, it never got back to that

See WARRIORS, Page 3B



Tim Stephenson photo

James "Jumbo" Bacon of the Harlem Globetrotters amazes Kati Long (left) and her classmates at Holy Family School in Granite City with his basketball wizardry.

## Globetrotter leaves impression on class

Student's story chronicles magical visit by Bacon to Granite's Holy Family

Editor's note: The following article was written by Kati Long, 10, of Granite City.

Long, a student in the fourth- and fifth-grade class at Holy Family School, won the Journal Junior SportsWriter contest by composing three interview questions. As the winning entry, she received four VIP seats to the Globetrotters game this Friday at Kiel Center. Also, a member of the Globetrotters appeared at her classroom to be interviewed by her and her classmates.

By Kati Long  
Special to the Journal

Globetrotter James "Jumbo" Bacon visited Janet Niles-Smith's fourth- and fifth-grade classroom at Holy Family School on Friday, Dec. 18. He answered my interview questions, my classmates' questions, showed us many basketball tricks and signed

autographs. The first question I asked was if he thought the Globetrotters' popularity would continue in the next millennium. He said that he thought and hoped it would. Personally, I believe they will be around for a really long time.

Next, I asked him how long it takes to master all the Globetrotters' tricks. Bacon said the Globetrotters learn their tricks by practicing the five steps.

Then, I asked him how he likes performing in front of crowds and how he keeps the nervous jitters away. He said he likes performing in front of crowds and talking to coaches usually keeps the nervous jitters away.

During the interview, I also learned that he has been with the Globetrotters for four years. Before playing for the Globetrotters, he played at Arizona State University.

See GLOBETROTTERS, Page 5B



# Let's Go Fishing Show this week at Gateway Center in Collinsville

By John J. Winkelman  
Staff writer

As the winter season begins to turn cold, the outdoor show season begins to heat up.

## OUTDOORS

The sixth annual show will include nearly 100 exhibitors including tackle, accessories, boats, resorts and organizations representing fishing activities.

"The Let's Go Fishing Show" has been one of the center's most successful and well-attended events over the course of the last six years," said Cindy Warke, executive director at Gateway Center.

A fly-fishing exhibit and a large display of antique lures and equipment from the National Fishing Lure Collectors Club will return this year.

Headlining the seminars this year are B.A.S.S. professional anglers Tommy Biffle and O.T. Fears, and 1998 Professional Walleye Trail champion Ted Takasaki.

Takasaki, 41 and from the Chicago-area, also was named Professional Walleye Trail "Top Gun Angler" in 1995; and in 1991, he was a member of the Master Walleye Circuit Team of the Year. He has qualified six times in the past seven years to fish in the trail championship.

He said his presentations would likely

include fishing for walleye in the Mississippi River and his presentation "Techniques of a Champion."

"The very first step is really learning about the fish," Takasaki said. "The basics really are in Lindy Rigging and jigging. Those are the first first presentations a walleye fisherman should learn, then bottom bouncing and spinner rigs."

The walleye is a very popular sport fish in the northern United States. Takasaki said the Mississippi River offers an excellent chance to catch walleye.

"There's a ton of them in the (Mississippi) river," Takasaki said. "The last couple of flood years have really pushed walleye down river. It's really loaded."

Also at the Let's Go Fishing Show: Bill Seibel Jr. will present an introduction to fly fishing; Tim Huffman will share "Crappie Secrets from A to Z"; and Hank Reiff of the Smallmouth Alliance will give tips for fly fishing for smallmouth bass, along with other presentations all three days.

The Gateway Baiting Gals and the Illinois Department of Natural Resources will hold a casting contest for children.

Adult admission to the "Let's Go Fishing Show" is \$4 at the door. Children 12 and under are admitted free. Show hours are 4 to 9 p.m. Friday, 10 a.m. to 9 p.m. on Saturday and 11 a.m. to 5:30 p.m. Sunday.

For more information, call 931-5652.

## DOBB'S Cardinals Team of the Week



### League champs

The FHASC Lightning U-13 team placed first in the Southern Illinois Soccer League with a record of 9-0-1. The team also won the indoor spring session at the Family Sportsplex in Belleville and placed first in the Southwest Select Tournament in Collinsville and second in the St. Louis Invitational. Members of the team (from left): In front — Steve Warhol, Ryna Henrichs, Zach Wainwright, Alex Halvachs, Mike Kadlec and Jeff Telford; Middle — Ryan Hegger, Jason Barrington, Brett Rogers, Cory Adams, Doug Diak and Jarious Holmes; Back — manager Fred Halvachs, Brent Donovan, Charlie Cappel, Chris Kruse, Joe Grandy, Pat Shannon, Adam Shalpin and coach Jason Digiralamo.

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By Daniel  
Correspondent

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P205/75R15 57	175/70SR13 44
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P195/65R15 BLK \$84	

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# Warriors finish fourth in Nashville tourney

## Granite City falls to Freeburg in third-place game

By Daniel L. Chamness  
Correspondent

The Granite City Warriors managed to slow the Freeburg

**GIRLS BASKETBALL**  
The Granite City Warriors managed to slow the Freeburg

second half of the third-place game on Dec. 29 in the Nashville/Lebanon Girls Holiday Classic.

However, Freeburg had a great head start.

The Warriors posted a 51-35 victory despite being limited to 11 points in the second half.

"I was certainly not happy

with the second half," said Freeburg coach Lori Crunk, whose team led 40-22 at halftime. "They put some pressure on us. Our legs were tired. I wanted to keep Granite City away from the basket, and keep them from making some easy shots. We were not totally successful at that."

But the Warriors (10-8) only came up with 13 points of their own in the second half.

Freeburg (9-7) scored 22 points in the first quarter alone. The Warriors were 9 of 19 from the field.

The Warriors sprinted to a 14-4 lead with 5 minutes 2 seconds remaining in the first period.

They led by as much as 23 points (40-17) late in the second quarter after a basket by Allison Randle.

Granite City then stifled

Freeburg with a tough defense. The Warriors cut the gap to 14 (40-26) as Debra Aaron and Jan Shanafelt scored the first two baskets of the third quarter.

Aaron and Jessica Wallace scored back-to-back baskets in the final quarter to trim Freeburg's advantage to 44-33.

"We managed to slow them down, but we did not do a very good job offensively," Granite

City coach John Moad said. "We did not shoot well from the field or the free-throw line."

Corin Scherf led Freeburg with 16 points. Lindsay Bruno and 6-foot-5 senior Jill Buckman also were in double figures with 11 and 10 points respectively.

"We were a little tired," Scherf said. "We needed to rebound better but it was nice

to end with a win." For Granite City, Aaron scored 10 points and was the only player to reach double figures. Erika Todd and Wallace each had 7 points.

The Nashville Hornets won the tournament with a 49-43 victory against Waterloo Galt.

Nashville had beaten Freeburg 58-48 in the semifinals earlier on Dec. 29.

Granite City, which had beaten Lebanon 62-38 in the opening round, lost 50-44 to Waterloo Galt in the semifinal round.

# Granite City Soccer Club sets dates for spring registration

The Granite City Soccer Club will conduct its annual spring open registration for boys and girls ages 4 and older at the

**SPORTS BRIEFS**  
Brown Recreation Center, located at Franklin and Pontoon roads.

Dates are Jan. 25, Jan. 27 and Feb. 1 with registration set for 6:30-8:30 p.m. each day. Registration fee is \$35 per child.

Parents should bring a copy of the child's birth certificate at the time of registration. For additional information, call the hotline at 876-9000 and

leave a message.

## Park District leagues

The Granite City Park District is accepting registrations for boys and girls to play youth baseball, T-ball or ponyball softball in the Park District summer leagues.

The registration is for boys and girls who would like to play in the 1999 Summer Park League who are not currently on a Park District team or have never played in the Park District leagues.

Boys and girls who will be ages 6 to 16 may register.

T-ball is open to ages 6 and 7; youth baseball and ponyball softball is open to ages 8-16.

Anyone interested in coaching or managing a team may visit the Wilson Park office or call Ray Hoffman at 877-3059.

## Basketball tournaments

The second annual Eagle Pride Shootout Basketball Tournaments are taking place this winter in Bethalto.

Coaches of teams interested in participating are encouraged to call for entry forms as soon as possible.

Dates for the Eagle Pride Shootout are:

• Feb. 26-28 for fifth- and sixth-grade girls.

• March 5-7 for fifth- and sixth-grade boys.

The entry deadline is Jan. 15.

The entry fee for each tournament is \$50. For more information, call Robyn Dreith at 377-0422.

## Hockey camp

The U.S. Ice Sports Complex in Fairview Heights presents the first goalie-only camp in the Metro East.

The eight-week program will work on reflexes, speed, hand-eye coordination, and positioning. Each session will consist of one hour of on ice training.

The camp will have a four-station layout.

The camp will include several local instructors with experience in high school, college, and junior hockey.

Classes are divided into Wednesday (for high school players) and Saturday (for youth players) in January and February. The high school camp on Wednesdays starts Jan. 6 and concludes Feb. 24.

The youth camp on Saturdays starts Jan. 9 and concludes Feb. 27.

The cost is \$150.

## Hockey program

The U.S. Ice Sports Complex in Fairview Heights will conduct a "Learn to Play Hockey" program on Saturdays from Jan. 9 through

March 13. Sessions include Mites (ages 6-9) at 9 a.m., Squirts (ages 10-11) at 10 a.m., and Pee Wees (ages 12-13) at 11 a.m.

Learn to Play is a fundamental program focusing on skating, stickhandling, passing, shooting and game situational play, following USA Hockey's initiation program.

Classes are divided into three age groups and participants must be able to skate across the ice without assistance. Skating school experience is a recommended precursor to the Learn to Play program.

Full equipment is required. The cost is \$225. For registration or more information, call 398-4600.

# Globetrotters player impresses students in Granite City

Continued from Page 1B

where he earned a degree in social work. Bacon said if he was not playing pro basketball,

he would be a social worker. Bacon is 6-foot-9 and wears a size 16 shoe.

He said there are no girls on the Globetrotters. However, they were the first professional team to have a female join

their team, Lynette Woodard. My classmates also asked questions. They asked what kind of bike he had. To this, he said he had an electric bike.

They also asked if he thought he could slam dunk in more ways than Michael Jordan. His answer to this was "No way!"

Bacon demonstrated several amazing tricks. It seemed like the ball was glued to his finger. The ball was always in his command, just like magic.

He showed Beth Shipley, Hannah Foster, Matthew Armstrong, Michael Pedigo and myself the five steps. We demonstrated these steps in

the Magic Circle to the tune of "Sweet Georgia Brown."

Meeting James "Jumbo" Bacon was very exciting for my classmates and me. It is something we will never forget. Bacon's message was to listen to parents and teachers, study and stay in school, never give up on yourself or your dreams and you can achieve all of your goals.

On Jan. 8, the Globetrotters will arrive in Granite City (young and old) at the Kiel — just like James "Jumbo" Bacon amazed my class.

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# Maroons of '59 had impressive stretch

Continued from Page 1B

Maroons starters in the postseason were Charlie Stegmeyer, Vern Winter, Mike Constance and Roger Lowery.

"Of DeMutha, Walsh said, "They are so intelligent and talented."

Tom had he never saw those Collinsville or Belleville teams, although you may have your own preference.

Footnote  
Tommy "Gun" Whitaker of Caseyville, the 1997 U.S. super

heavyweight kick boxing champion, recently announced intentions to enter pro boxing.

A 1996 St. Louis Golden Gloves novice boxing champ, the 6-foot-4, 260-pound Whitaker has been training with Chris Kunkle of Millstadt since overcoming the effects of a broken right arm.

Married to the former Missy Thuerkoff of Fairview Heights, Whitaker, 28, began boxing as a grade school youngster in Belleville and has been kick boxing for 12 years.

He is hopeful of his pro boxing debut sometime in late January.

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# Flyers blast East, net title in first Classic appearance

By Brian Bretsch  
Staff writer

The East St. Louis Flyers won their first Collinsville High/Schnucks Holiday Classic on their first try last Wednesday.

**BOYS BASKETBALL** East Side captured the title with a convincing 76-61 victory over Belleville East.

East St. Louis, which merged with East St. Louis Lincoln before the start of the 1998-99 school year, had played in the Central Holiday Tournament while East St. Louis Lincoln was a tournament mainstay. Flyers coach Bennie Lewis earned his second Classic title, he led East St. Louis Lincoln to the crown in 1988.

The Belleville East Lancers finished second in the Classic for the third straight year.

"You'd be silly not to say you wanted to win," East coach Doug McCrary said. "I am disappointed, but I know 14 other teams would like to be playing three times for the championship. It is one game. We lost this game and it just happened to be the championship game. Our kids' will win to win is great. We just ran into a buzzsaw and we could not get just reeling. They caught us and took it to us. We couldn't recover very well."

East St. Louis junior center Darius Miles came into the final day of tournament looking for redemption from a year ago. Miles was a

## Miles scores 23 in tourney championship game

sophomore on the East St. Louis Lincoln squad that lost to Collinsville and finished fourth. Miles predicted the Flyers would top the Kahoks in the semifinals this year.

Miles stood behind his word in the semis and then saved his best for the championship, when he scored 23 points, pulled down 12 rebounds, blocked six shots and dished out five assists. "We wanted East because everybody was saying this and that and said we ain't nothing since (Belleville) West-Beat us," Miles said. "I admit it. West played a good game (in a 43-42 win early in December). They came out after us and they won fair and square. We wanted to show East that they weren't going to beat us."

Miles and McCrary both said the key of the title game was East Side senior point guard Darius Miles' play. Hawkins scored 31 points.

"They just did so many things well and not just Miles and not just Hawkins," McCrary said. "If it wasn't one of those two, it was somebody else stepping up and doing a great job. They played a very good game and you have to give them credit for that win."

The Flyers had a slim 21-19 lead after a well-played first quarter.

East St. Louis grabbed the upper hand in the

second quarter and led 42-28 at halftime.

"You have to give them credit," McCrary said. "They took the game to us. We got back on our heels a little bit and didn't quite get the defensive effort I thought we would get. They had a lot of easy baskets. All that accumulates into not a very good game as far as our standards are concerned."

The Classic title got the Flyers (8-3) out of the funk they were in prior to the start of the tournament.

East Side had lost three straight. Lewis was concerned with the direction the Flyers would take in the Classic.

"First, we talked about the second game — that if we lost, we were out of the tournament," Lewis said. "We said we had to win that second game. I think that game (a victory over O'Fallon) was a big win for us. That was the hurdle we needed to get over. Once we got over that, the next thing was everybody playing together as a team against Collinsville because we knew they shot the ball real well from the outside. We had to cover that, plus we had to put some points on the board."

"We worked on that in the morning (before the semifinals) and the guys were really up for Collinsville. Once our guys work on something

hard and understand what we are going to do, we are going to be hard to beat."

"We were definitely concerned about the three losses because we weren't scoring any points. We were basically getting the same shots but we weren't scoring. That was a big concern of ours so we had to get back on track and get the ball down inside and then everything would come off on the inside and that's what it did."

When East did converge on Miles in the paint, the 6-foot-9 junior center would kick the ball back to Hawkins or Phillip Gilbert, who combined to hit four treys. Miles also fed the ball to George Mumphard or Aliko Snow, who were open underneath the basket for easy layups.

Hawkins damaged the Lancers with his quickness and his ability to slash to the bucket.

"Keeping him straight in the classroom and coming to practice and doing what he is supposed to do has been a big problem," Lewis said. "We know what he can do. He has just got to follow the rules. That's why we didn't have him last year, because he wouldn't follow the rules. This year we had a little problem with it at first but now he understands that however your point guard goes, that makes everything else go well. We are trying to get him to see that this is what he has got to do if we want to be successful."

## Miles earns Classic MVP honor

East St. Louis junior saved his best for championship

By Brian Bretsch  
Staff writer

Darius Miles, 1998 Collinsville High/Schnucks Holiday Classic most valuable player.

**BOYS BASKETBALL** It has a nice ring ... or make that, a thunderous swatting sound to it.

Miles, the 6-foot-9 junior center from East St. Louis, led the Flyers to the championship title of the 1998 Classic with four solid performances.

His numbers: 73 points, 34 rebounds and 30 blocked shots. No one kept a statistic for how many dunks he had, but it would have been in double figures as well.

"Darius is a real nice kid," East St. Louis coach Bennie Lewis said. "He works hard and plays hard. I think he deserved it."

Miles, nonetheless, was surprised he was named the Classic's MVP.

"I didn't expect to get it," Miles said. "I thought (Flyers teammate) Phil Gilbert was going to get it but Phil kind of had an off-game (in the title contest) and that's when I

knew I had it.

"As long as one of my teammates got it, I was going to be happy."

Miles and Gilbert, who was named to the all-tournament team, were probably neck-and-neck for the MVP honor heading into the championship game.

Gilbert only scored three points in the final game with five rebounds. Miles, on the other hand, saved his best for last with 23 points, 12 rebounds, six blocks and five assists against Belleville East.

Had the Lancers claimed the title, Belleville East junior forward Stetson Hairston might have claimed the honor as the Classic's best individual performer.

In the title tilt, Hairston had 25 points, six assists, four steals and three rebounds.

"Stetson deserves and needs to be on the all-tournament team," Belleville East coach Doug McCrary said. "He works hard to achieve these types of things. He loves the game and plays it that way."

"He was unlimited potential. If he continues to work hard,

he could be one of the best players in southern Illinois next year."

Miles and Hairston conversed and smiled at each other during much of the championship game. The two juniors have been good friends since their grade school days.

"I played with Stetson in elementary school," Miles said. "It was kind of fun playing against him. I just told him keep on having fun no matter who wins or loses, as long as we both have fun."

Miles once again threatened the Classic's record for blocked shots, set by East St. Louis Lincoln's LaPhonso Ellis, who went to play at Notre Dame and in the National Basketball Association, had 32 blocks in a single season.

In addition to Miles, Gilbert and Hairston, the other seven members of the all-Classic team were Kin Vanders and Corley Lee of Decatur County, Shaun Moore and Terry Tessary of Collinsville, Griff Jurgen of Chatham Glenwood, Modest Nialate of Springfield Sacred Heart-Griffin and Steve McGee of Jacksonville.

## Several famous faces found in Classic stands

By Brian Bretsch  
Staff writer

For the first two days of the 15th annual Collinsville High/Schnucks Holiday Classic, attendance was on a record pace.

**BOYS BASKETBALL** Then came the snow. "We got hurt with the weather," Collinsville basketball coach Bob Bone said.

The Classic may not have surpassed the mark for the highest paid attendance (10,655), set in 1987, but it was a large draw, considering the tournament's three days (Dec. 28-30) were at the beginning of a week.

"We had three local teams in the final four (East St. Louis, Belleville East and Collinsville), which is always a help considering the weather," Bone said.

And speaking of the crowd, there were a few faces that

stood out at Vergil Fletcher Gymnasium. St. Louis University men's basketball coach Charlie Spoonhour came to watch East St. Louis junior center Darius Miles. It also appeared Collinsville sophomore Terry Tessary caught Spoonhour's eye.

Former Southern Illinois University-Carbondale men's basketball coach Rich Herrin hung around for most of the second day of the event.

Former Saint Louis University and St. Louis Hawks great "Easy" Ed Macauley watched both of St. Louis University High's games, taking a keen interest in his grandson, SLUH senior forward Keith Schunzel.

Former University of Illinois and St. Louis Rams linebacker Dana Howard came to watch the Flyers on the final day of the Classic. There also were numerous local politicians attending the games.

Bone said 15 of the 16 teams for this year have renewed to play in the Classic on Dec. 28-30, 1999.

Waterloo is the only team not returning. The Bulldogs had a 2-4 record in two years at the Classic.

"Last year, they were competitive and played in the consolation championship," Bone said of the Bulldogs. "It is a real tough tournament. At this time, we are talking to other teams. Unless you are pretty good, you don't want anything to do with this tournament."

This year, for instance, second-seeded Decatur MacArthur and third-seeded Quincy, the two-time defending tournament champion, were not around on the final day of the event.

"I knew you could have made a case to seed (Belleville) East and Chatham Glenwood in any of the four positions," Bone said. "And the team that seemed to be struggling the most coming into the tournament was (top-seeded) East St. Louis and they won it."

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By Rick Br  
Staff writer

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Staff writer

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# Venne proves mettle to capture 215 crown

By Rick Broome  
Staff writer

Granite City senior Kevin Venne wasn't the strongest guy on the mat last Wednesday for the championship of the 215-pound weight class at the William "Red" Schmitt Holiday Wrestling Tournament in Granite City.

But Venne proved victorious in a 2-1 decision against Oakville's Laron Coleman.

"Body-wise, he was stronger than me," Venne said. "He had good position all of the time. His stance was real good, it was low to the ground, he had his hands out in front of him, which made it a whole lot harder for me to get in on him and get a shot. I shot 10 times and didn't get one takedown. That's pretty much

telling you something.

"This kid's stance is real low. I know the Oakville coach (Rocky Streh) because I used to go to all of their tournaments, and he stresses staying in the stance, with hands low and out in front so you can grab the man first. Physically, he was a lot stronger than me. He was a big, strong, physical kid and that made it hard for me to do things. The other kids I wrestled were big kids but I had a lot more control over them.

"Coach (Mike) Garland makes us work so hard that I knew that if I kept pushing him, I could keep my head away and work until he starts dying on the mat and can hardly breathe. That's what it came down to really. The last 10 or 15 seconds of the match, he was going as hard as

he could and I still had a lot of my energy left. Coach wants us to beat them on the mat with conditioning, go as hard as we can as long as we can for the first two periods, and the other kid is already dying. Most kids can't go six minutes like we can."

Venne, one of the team's captains, wasn't satisfied with the individual honor.

"I wish we would have done better in the team standings," he said after the team's runner-up finish to Oakville. "I wish a lot of our boys would have wrestled the way they did in the Springfield Tournament the week before. It would have really helped us a lot, because coming into today Oakville had 13 guys to our 10. That was a big help for them on the team score, but we were right on

their tail the whole time with four or five fewer guys at the end. It hurts when you have guys like (189-pounder) Bobby Grammer perform at their peak the week before at Springfield and then come in here and get beat. I'm not picking on him or anything. There are a lot of guys who did the same thing. We have to pick things up a lot harder and a lot heavier in the practice room and Coach is starting to get on us real bad about it. We are starting to do a lot of things that we have never done before. He is going to start pushing us over the top, where it's going to make us all want to quit, but when we get out there and wrestle the tough kids, they aren't going to be able to hang with us for a minute."

Venne sees the holiday tournament as a stepping stone to the state tournament.

"It helps you get used to the state tournament," Venne said. "The state tournament is two days just like this. You have to make two weigh-ins, you have to wrestle almost the same number of matches. If you win two matches the first day and two matches the second day, you are the state champion. This is what prepares you. It all depends on what we do in the practice room. The only way to ever become champ is to work hard in the room. The coach has been stressing that a lot.

"That's my No. 1 goal. This means something to me, but it doesn't mean as much as becoming state champion. I got real close (in 1997 with a second-place finish) and it's been cutting me in my throat ever since. It's time for me to take over."

## Maroons' Rujawitz captures first place at Granite City

By Rick Broome  
Staff writer

PREP  
WRESTLING  
Belleville  
West's  
Joe  
Rujawitz took Hazelwood

Wins rematch with two-time defending tourney champion

Central's J.D. McKinney — undefeated at 16-0 and two-time defending champion of the Granite City

Holiday Wrestling Tournament at 119 pounds — to the limit and beyond last Wednesday.

"He's real tough," Rujawitz said. "He was undefeated, he's won this tournament two times. He beat me yesterday and I thought I had a chance, but deep down inside I thought he was going to beat me. When push comes to shove, with 13 seconds left, I got one (point) and won the match. It was luck."

It was anything but luck. Rujawitz's will to win kept him ahead throughout the match. In the last minute of the third period, with Rujawitz leading by two, McKinney got a reverse to even the score. But Rujawitz held in there and pulled out the victory with an escape with 13 seconds remaining.

"We were probably exactly even wrestlers," Rujawitz said. "It was 7-5, I had the momentum, the kid reversed me, got the momentum back, and with 13 seconds left, I just gave it everything I had left and tried to get one, and I got it."

Rujawitz had lost to McKinney in the first round and fought his way through the losers bracket to set up the rematch.

"I didn't know how the kid wrestled and I went out there and I thought I had a lot of cockiness in me, thought I was

"This wasn't the best Belleville West team out at this tournament. Despite the circumstances, I thought we should have been a lot higher in the standings, so from that standpoint I'm disappointed. We really have a better team than we had on the scoreboard."

Steve Garland  
Belleville West coach

going to beat him, and he took me down four times and won 10-9," Rujawitz said. "I was thinking that I had to wrestle better than that. That wasn't my fight. I guess I was just too cocky in the first one.

"If you look at this match and (Dec. 29), that kid is a better wrestler. He got me yesterday and I got him today. It could have gone either way."

"They met (Dec. 29) and Joe

didn't wrestle very aggressively," Belleville West coach Steve Garland said.

"That was kind of uncharacteristic for his wrestling."

"Going into it, I thought he would have a chance of winning if he opened up and wrestled the guy aggressively and he did. That's what makes wrestling great, when you

have two guys like that, both guys think they can win, both guys are aggressive. That was an outstanding match. It really was. They both went at it 100 percent and the fans really enjoyed that one.

The kid is a defending champion here, he won this last year and he's strong. Joe was just sound and determined not to quit. When you get that combination, those two things together make for a great match."

Rujawitz's heroics did a lot, but they could only partially make up for what was a disappointing team performance by the Maroons in the tournament.

"I'm proud of the guys that we have here this day (in the finals)," Garland said last Wednesday. "I thought they wrestled very well. Overall as a team, I don't think we wrestled as well as we could have. We had a couple of guys who didn't make weight, we had an injury, but that's an excuse and everybody has those."

## Holiday event was loaded with talent

Continued from Page 1B

160-pound class was tough," Garland said. "Dan Quartz (Belleville Althoff) is ranked No. 1 in the state; George is No. 2; Aaron Armetta (Mahomet Seymour) was

tough; Barker was the Missouri (Class 4A) state champ; Jason Dowdy (O'Fallon) came in and beat Quartz twice. That shows you the caliber that we had at this tournament.

"Barker came in and beat the No. 1 and No. 2 guys.

"Armetta will be ranked and he's supposed to go down to 152 next week. George didn't hand him, but he beat him. It was close. That was a pretty good match, but George had to sit around all day."

Kirgan had a rough tournament. His stomach was unsettled during the first day (Dec. 29) for the first three rounds.

"But that's part of it," Garland said. "What are you going to do if you go to state and are sick, quit? You have to learn how to wrestle through all that stuff."

As for the championship, Kirgan had Barker on the ropes early in the match before eventually bowing.

"He didn't finish the moves," Garland said. "You can't wrestle a kid that's any kind of a state champ and think that you are going to get a lead and sit on it, or hit 95 percent of your move instead of getting real good position, following through, and exploding through the move. He didn't do that and that's why he lost."

Kirgan's record fell to 19-1 for the year. And the tournament wasn't a total wash, despite his first loss.

"I think every time you lose a match, you get something out of it," Kirgan said. "I can open up more and finish my takedowns better. It's better now than later at state, where it's really important."

"I think every time you lose a match, you get something out of it. I can open up more and finish my takedowns better. It's better now than later at state, where it's really important."

George Kirgan  
Granite City junior  
on his first defeat junior

## 1998-1999 Bridal Planner

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## News Community Calendar

Editor's note: The community calendar contains items for Jan. 6-9. Events that happen weekly run during the first and third weeks of the month only.

### Church

GENERATION JESUS YOUTH GROUP, led by youth minister, 5 to 8 p.m. every Sunday at Nameoki United Methodist Church, 1900 Pontion Road.

JESUS EVERY THURSDAY (JETs), led by the music director, is for kids 3 to 11 years old. Meets from 7 to 8:15 p.m. Thursdays. Music/Bible study and fun at Niedringhaus United Methodist Church, 20th and Delmar. Mom's Bible study and share group meets at the same time as children. For more information, call 877-4555.

TEMPLE BAPTIST CHURCH Adventure Club, an after school activity for grades 4-8, meets 3:30 to 5 p.m. Tuesdays at the church, 1900 Harris St. For more information, call 452-0273.

### Community

MITCHELL FIRE PROTECTION DISTRICT 2 regular monthly board meeting is 7 p.m. the second Tuesday of each month, at 5123 Maryville Road, 931-6521.

MADISON COMMUNITY ACTION GROUP meets at 7 p.m. every Wednesday. For more information call Dan at 452-2336 or Diane at 876-1360.

EAGLES AUXILIARY 1126 BINGO 1 p.m. every Sunday at the Nameoki Bingo Center. Also included will be a color raffle, 50/50 drawing free games and other raffish.

### Food/Nutrition

MEALS OF LOVE, sponsored by Madison County Baptist Association. Free meals to anyone in need. 4:30 to 6 p.m. every Tuesday, at Second Baptist Church, 21st and Illinois streets, Granite City. Everyone is welcome.

RESCUE MISSION food pantry is open from 9 a.m. to noon every Saturday, 1536 Fourth St. in Madison. Samuel Turner is the chairman, Valonda Turner is the secretary and Alfred Turner is the pastor.

ST. JOHN LUTHERAN CHURCH MONTHLY COUNTRY BREAKFAST, 8 to 11 a.m. the second Saturday of each month at 2001 St. Clair Ave. Eggs, sausage, pancakes, biscuits, homemade gravy, and jellies, coffee and orange juice. Meals are \$4 for adults, \$2 for children. Call 451-7758 for more information.

### Health/Exercise

TOPS 2362, 6:30 p.m. every Thursday at Anchorage Recreation Center, 2909 Edwards St. For more information call Bobbie at 452-0273.

FREE SENIOR CITIZEN EXERCISE CLASS, 9 a.m. every Thursday, Anchorage Recreation Center, 2909 Edwards St.

TOPS 2048 (Take Off Pounds Sensibly), 6 p.m. every Monday, Second Baptist Church, 2100 Illinois Ave. in Granite City. Call 876-2124.

TOPS II 645, 7 p.m. every Monday, Anchorage Recreation Center, 2909 Edwards St., Granite City, 452-6102. Men and women welcome.

TOPS 1599, (Take Off Pounds Sensibly) will meet at 6:45 p.m. every Tuesday at the Anchorage Recreation Center, 2909 Edwards St.; call 787-2724 for more information. Men and women are welcome to attend.

TOPS II 2417, 6 p.m. every Tuesday, Calvary Lighthouse Church of God, 1205 W. Pontion. Weigh-in at 6:30 p.m. Anyone age 7 or above with a weight problem is welcome. For more information call Ann at 452-6102.

MADISON COUNTY URBAN LEAGUE HEALTH CARE SERVICES offers the following each week at 500 Madison Ave. in Madison: Walk-in prescription refills, 10 a.m. to 3 p.m. Mondays. Family planning services, 9 a.m. to 4 p.m. Tuesdays. STD screening and treatment, 9 a.m. to 4:30 p.m. Wednesdays; and family planning services, 9 a.m. to 4:30 p.m. Call 452-5334 for appointments or more information.

### Organizations

MEN'S FELLOWSHIP GROUP of Central Christian Church meets at 8:30 a.m. the second Wednesday of each month for breakfast and fellowship. For more information and/or location of meetings call 931-2098.

NAVY MOTHERS CLUBS OF AMERICA, meet at 7:30 p.m., second Tuesday of each month, at the Veterans of Foreign Wars Post in Granite City. Mothers, fathers, daughters, wives or sisters of former and present Navy, Marines, Coast Guard or Sea Bees are encouraged to join. For further information, call 931-2292 or 876-2209.

THE JOLLY QUILTERS, 9 a.m. to 2 p.m. every Thursday at the Social Center, 906 Thorngate Drive in Mitchell.

GRANITE CITY COMMUNITY BAND rehearsals, 7:30 to 9 p.m. every Thursday, St. John United Church of Christ, 2901 Nameoki Road, Granite City, 931-0443.

GRANITE CHAPTER 650 ORDER OF THE EASTERN STAR meets at 7:30 p.m. the second Friday of each month, at the Masonic Temple, 20th Street and Cleveland Boulevard in Granite City.

DOWNTOWN NEIGHBORHOOD RESTORATION SOCIETY, 8 p.m., second Friday of each month, Granite City, 876-7718.

NATIONAL ASSOCIATION RETIRED FEDERAL EMPLOYEES (NARFE) meets at 11:30 a.m. the second Tuesday of each month at Charlie's restaurant. Lunch starts at 11:30, meeting afterwards. For information or reservations, call 452-3288 or 452-2344.

BAND PARENTS ASSOCIATION OF GRANITE CITY HIGH SCHOOL, meets at 7 p.m. second Tuesday of each month at 3101 Madison Ave., 451-5808.

BENEVOLENT AND PROTECTIVE ORDER OF ELKS, Granite City Lodge 1063, meets at 8 p.m. the second Tuesday of each month, at the lodge on Maryville Road, Granite City, 831-3557.

KNIGHTS OF COLUMBUS, 3RD DEGREE meets at 7:30 p.m. the second Tuesday of each month, 4225 Old Alton Road, 877-4250.

KNIGHTS OF COLUMBUS, 4TH DEGREE meets at 7:30 p.m. the second Tuesday of each month, 4225 Old Alton Road, 877-4250.

GRANITE CITY KIWANIS meet at 7:30 a.m. every Tuesday at Shoney's.

THE INDEPENDENT ORDER OF ODD FELLOWS meets at 7:30 p.m. the second and fourth Tuesdays of each month at 3900 Nameoki Road. Call 8761422 for more information.

### Seniors

PONTON BEACH SENIOR CITIZENS BINGO, 11:30 a.m. every Wednesday, 3910 Highway 111, Ponton Beach.

EAGLE PARK ACRE SENIORS OF MADISON meet from 10 a.m. to noon every Thursday at 100 Hill St. (rear), Eagle Park Acres, Madison.

FREE SENIOR CITIZEN EXERCISE CLASS meets at 9 a.m., every Thursday, Anchorage Recreation Center, 2909 Edwards.

FRIDAY AFTERNOON PINOCCHIO CLUB for seniors 55 and over meets at 12:30 p.m. every Friday at the Harold Brown Building, Franklin Avenue and Pontion Road. Call 877-0350 for more information.

GRANITE CITY SENIOR SOCIAL CLUB meets at the Nelson Hagnau Township Hall, 100 Hill St. 1 p.m. Dec. 6 for the next bingo and games. For information, call 877-1215.

### Support Groups

THE CHURCH OUTREACH INC. meets 7 to 9 p.m. every Wednesday night at True Fellowship Missionary Baptist Church, 1641 Third St. in Madison. The CHURCH is an outreach program designed to support its community is the struggle with drug use. All meetings are confidential. For more information, call 877-TRUE.

STROKE SUPPORT GROUP, for patients, their families and caregivers, 8:30 p.m., second Wednesday of each month, in Pascal Hall, St. Elizabeth Medical Center. Refreshments are served. Call 798-3018 for more information.

PULMONARY SUPPORT GROUP, for persons with diagnosed lung condition, 11 a.m. to noon every Wednesday at Doctors Solarium, St. Elizabeth Medical Center, 798-3019.

ALANON, 9:30 a.m. every Monday, 2116 Edison (side door) in Granite City. Call 463-2429.

ALCOHOLICS ANONYMOUS, 11 a.m. and 8 p.m. every Wednesday, 2116 Club, 2116 Edison, Granite City, (800) 307-6600.

ALANON ADULT CHILDREN meets at 7 p.m. every Wednesday at St. Elizabeth Medical Center, 2100 Madison Ave. in the Kettler Center Conference Room. Call 463-2429 for more information.

ALCOHOLICS ANONYMOUS, 8 p.m. every Wednesday, St. Elizabeth School's Noah's Ark Day Care, Pontion Road, Granite City. The meetings are closed except for the last Wednesday of the month.

ALCOHOLICS ANONYMOUS, 11 a.m. and 8 p.m. every Thursday, and noon and 8 p.m. every Friday at 2116 Edison, Granite City, (800) 307-6600.

ALCOHOLICS ANONYMOUS, 8 p.m. every Thursday, Presbyterian Church, Mitchell, (800) 307-6600.

ALANON, 7 p.m. every Thursday, St. Elizabeth Medical Center, 2100 Madison Ave. in the Kettler Center.

## 1999 Women of Achievement Nominations are now being accepted.

The Suburban Journals and KMOX Radio are proud to sponsor the 1998 Women of Achievement Awards.

Women of Achievement give unselfishly of their time and energies to help people in need and to improve the quality of life in their communities.

A committee of Community Leaders will choose ten honorees to be recognized at the Women of Achievement luncheon this spring. Nomination forms are now available.

NOMINATION CLOSE JANUARY 23, 1999

To receive a nomination form simply send a self-addressed stamped envelope to:

Women of Achievement Nomination Form

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In 1999, these movie characters will probably resolve to start parking their station wagons in the giant "Godzilla" foot-free zone (or add a Monster clause to their insurance policies).



Holding the magic sword by the handle instead of the other way is a New Year's resolution best kept by young Kayley and her animal friends from the Warner Bros. movie, "Quest for Camelot."

## New Year's Resolutions

Most of us make 'em. All of us break 'em. After January 3, those New Year's resolutions are just too hard to keep.

So we go throughout the year, never quite realizing that our lives would be much less complicated if we could just stick to our list of little ways that we can improve ourselves.

The following folks in Movie Land learned this the hard way in 1998, as the pictures on this page can tell you. You can bet that, somewhere in some darkened theater or on home video, these characters are regretting the day that they broke their own lists of Unusual Bad Hollywood Movie New Year's Resolutions.



Buying a decent mirror should be a priority of the masked killer from "Halloween H20," who seems to have bought the defective scary Jamie Lee Curtis model instead. And the couple from "Six Days, Seven Nights" should really resolve to stop meeting on the edges of 195-foot-drop cliffs and just go to the Burger Barn like everybody else.

## For New Year's

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# Today's Food

Today's Food on-line, [www.yourjournal.com](http://www.yourjournal.com)

Wise Ways

Pace yourself  
for healthy results

See Page 2



## Food & Nutrition

### Hearty-Bites

Inconsistency in eating foods and taking medicine can result in stormy relationship for the body.

INSIDE

### Blue Ribbon Cook

Leftover ham gets crusty top from biscuits while it bakes.

INSIDE

### Test Run

Flavorful baked potatoes are in the oven with packages of seasoning mixes.

INSIDE

### Micro Raves

Positive attitude toward eating makes it easier to enjoy delicious, healthy results.

INSIDE

### Lively Taste

Salsa quickly lends its spicy flavor to soup. Hold 6 individually-frozen, boneless, skinless chicken tenderloins under running lukewarm water to remove the protective ice glaze. Cut chicken in 1-inch pieces. In large saucepan, bring chicken, 2 cans (14-1/2 ounces each) reduced-sodium chicken broth, 1 can (15 ounces) undrained kidney beans, 1 cup salsa and 1 cup frozen corn to boil. Reduce heat. Simmer 5 to 10 minutes until chicken is done. Stir in 1/2 cup uncooked instant rice. Cover. Remove from heat. Let stand 5 minutes.

## Health & Fitness

### Medicine Chest

The year 1999 holds the long-awaited approval of the first in a new class of drugs for the treatment of arthritis. Called COX-2 inhibitors, these work similarly to the non-steroidal, anti-inflammatory drugs we have today, like ibuprofen and aspirin, but they do not seem to irritate the stomach.

### Fresh Picks

Add fresh vegetables to cooked meat to make a new stir-fry. In a large skillet over medium-high heat, cook 3 medium onions, cut in wedges, and 4 medium red or green bell peppers, chopped, in 2 tablespoons hot olive or vegetable oil, stirring occasionally, 7 minutes or until tender. Dice 2 medium tomatoes and add to skillet. Bring to boil. Stir in 2 cups cut-up, cooked turkey. Reduce heat to low. Simmer, covered, 5 minutes or until turkey is heated thoroughly. Serve over hot rice or in hoagie rolls. Makes 4 servings.

### Big Fat Tip

Look for lower-fat ingredients to help resolve this year's dreams of lighter days of eating. In place of whole milk, start with one with butterfat of two percent, then gradually work down to nonfat milk. Use light or nonfat cream cheese, sour cream and reduced-fat solid cheeses. Instead of chocolate chips in sweet recipes, use raisins. Replace one whole egg with 2 egg whites. Instead of basting or sauteeing with butter or drippings, use wine, fruit juice or broth. Choose lean ground beef or ground turkey or chicken breast. For a crunchy topping, use crushed low-fat cereal, rather than buttered bread crumbs.

### Future Shop

Weather in both ends of the country has tempered production of oranges. Orange juice production is down in Florida because of weather conditions early in its growing season. Navel orange production in California was expected to be lower this winter, too. Growers there are evaluating the effect of recent cold snaps on its crop of valencias. Lower production does not necessarily mean produce size is minute. Often, more space on the trees means, under favorable conditions, individual pieces of fruit may have more room to expand in size. Thus, it is possible for large fruit to remain the same proportion of the entire crop, although numbers are less.

# Savory Sweets



By Janice Denham  
Staff writer

Some people refuse to believe food that is delicious can be healthful, too. They miss a world of flavor as they run faster than deer from nourishing foods they relish.

For instance, look at three foods featured here: apples, sweet potatoes and walnuts. They are readily available and easy to use. They all are delicious in a variety of foods, from those that are cooked to many that use the items raw.

Apples are sweet, crunchy, juicy and provide as much fiber with their skin as

most whole grain cereals.

The Center for Science in the Public Interest ranks sweet potatoes as nature's most nutritious vegetable. They are loaded with beta carotene and vitamins A and C.

Walnuts offer protein, fiber and nonanimal protein. Their fat is primarily polyunsaturated.

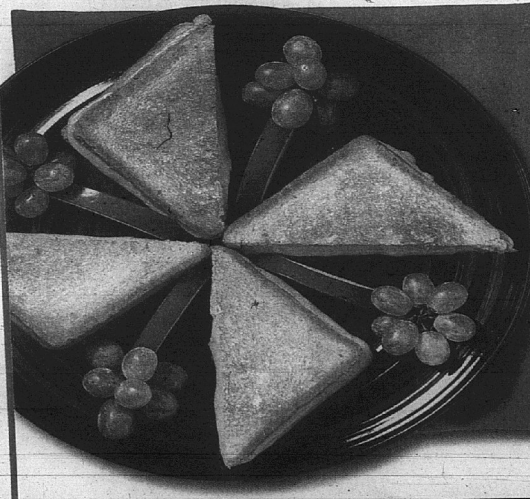
Sweet potatoes offer fun beyond growing them in a window in winter as a science experiment to see how long their vines grow. They show up as thinly-sliced, crisply-baked fries or, when shredded, become plump potato pancakes, like those pictured above with a topping of apple and walnuts.

Going back to their South American roots, they star as an ingredient in stew. Another common use is combined with other flavors in a sweet food, like muffins, without the high fat of pie and other pastry.

Small portions of nuts can satisfy the body, like meat does, particularly when it is following a New Year's resolution of improvement. It becomes a gourmet touch in or on a dish.

For instance, prepare a package of couscous without oil and add 1 cup frozen kernel corn. Heat 1 cup flavored tomato

See SAVORY Inside, TODAY'S FOOD Page 2



## GRILLED CHEESE with CHARM

Kids are attracted to foods that look nice. Create a windmill for the lunch crowd with halved or quartered toasted cheese sandwiches, sliced apple and small bunches of grapes.

To add color and nutrition to the sandwich, place a thin slice of tomato between two slices of cheese on each sandwich.

To cook without adding fat to the pan, lightly spray top and bottom of sandwich with nonstick cooking spray. Place in skillet that is nonstick or coated with cooking spray. Top sandwich with small saucepan lid. When bottom of sandwich is lightly browned, flip it over and cook the other side until it is lightly browned.

Each whole sandwich, made with 2 slices (2 percent milk)

American cheese, 2 thin slices tomato and 2 slices white sandwich bread has 237 calories, 12 g protein, 8 g fat, 29 g carbohydrate, 869 mg sodium and 1 g dietary fiber.

## Kids' Cuisine



# Today's Food

## Weather station gives forecast for stormy, fair outlooks alike

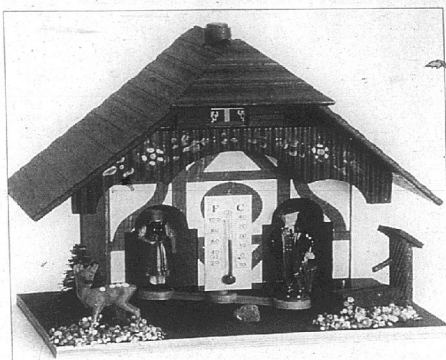
There may be old-time memories around of parents or grandparents having a folk art weather house. The secret is a hygrometer hidden inside.

When Frau Fairweather comes out to gather flowers, everyone can look forward to sunny skies. But expect rain when Herr Stormy emerges with his slicker and umbrella.

A thermometer calibrated for both Fahrenheit and Celsius between Frau Fairweather and Herr Stormy rounds out this charming little weather station. It is a conversation piece wherever it is displayed. Children especially enjoy checking the weather on this ever-changing prognosticator.

Handmade in Germany, the Weather House measures 5.5 inches wide by 5.25 inches high and 3.5 inches deep.

The Black Forest Weather House, No. HG11, is \$24.95. Price includes handling and delivery in three to four weeks. For rush delivery in seven to 10 days, add \$3.



Memories of the Black Forest in Germany encourage keeping an eye on whether the weather is balmy or breaking.

To order by mail, clip this article and send it with a check or money order to: U-Bild Features, c/o Suburban Journals of Greater St.

Louis, P.O. Box 2383, Van Nuys, Calif. 91409. To order by credit card, call toll-free 1-800-828-2453. U-Bild's web site is www.ubild.com.

## Be wary of food, drug combo

By Kathleen Obert  
Correspondent

Vegetables come in many shapes and forms and contain a wide variety of nutrients. Most vegetables contain little fat until covered with batter and fried or loaded with cheese.

The principal nutrients in vegetables are carbohydrate, fiber, vitamins and minerals.

Occasionally a physician requests a person limit his or her intake of vegetables that contain high levels of vitamin K. This may occur when a person is placed on a medication that reduces the clotting factors in the blood. Common names for anticoagulant drugs are heparin, coumadin and warfarin.

A person prescribed an anticoagulant drug may have suffered a heart attack or better a blood clot, a history of blood clots, an irregular heart-beat or a mechanical heart valve. When taking these drugs, patients must have their blood clotting times monitored.

Vitamin K is a fat-soluble vitamin absorbed in the small intestine and used in the production of blood-clotting factors in the liver. Vitamin K is found in large amounts in many dark green, leafy vegetables, especially mustard, turnip and collard greens, nettle leaves, kale, spinach and Brussels sprouts. High levels of vitamin K are found in other vegetables, too, like lentils, soybeans, cauliflower, garbanzo beans (chickpeas) and seaweed. High levels of the vitamin are found in canola oil and soybean oil.

There are problems with determining the level of vitamin K a person on an anticoagulant drug can consume. The vitamin K content of most foods cannot be determined with precision. In fact, most food composition tables do not list the vitamin K levels of foods.

In addition, bacteria in the small intestine form significant amounts of the vitamin, so there are two sources of vitamin K. It is not necessary for people on anticoagulant drugs to stop eating all green vegetables.

Consistency is the key. It is important to take the prescribed dosage of drug consistently and significantly limit intakes of vegetables with high vitamin K levels. Vegetables with moderate vitamin K levels can be eaten. These include broccoli, cabbage, peas, asparagus, green beans and lettuce.

It is important to combine the moderate vitamin K vegetables with lower vitamin K vegetables — carrots, tomatoes, potatoes, corn and squash — to avoid overeating the moderate ones, too.

For instance, a small dinner salad with iceberg or romaine lettuce, tomato, carrot, onion, green bell pepper, mushrooms and radishes can be eaten. It is important to be consistent with vegetable choices, because this affects a patient's blood clotting time. It permits a physician to make accurate adjustments in anticoagulant drug dosage.

Although it contains green beans, a medium vitamin K food, Saucy Vegetable Medley combines other low vitamin K

foods. The flavor of the bean is there without an excessive amount of the vitamin.

Registered dietitian Kathleen Obert is a member of the nutrition committee of the American Heart Association, Greater St. Louis Division.

### SAUCY VEGETABLE MEDLEY

- 1 large ripe tomato, peeled, seeded, chopped
- 1 cup canned green beans, drained, rinsed
- 1 tsp. olive oil
- 1/4 cup chopped onion
- 1/3 cup chopped green bell pepper
- 1/3 cup chopped celery
- 1/2 tsp. minced garlic
- 2 cups frozen cut corn
- 2 tsp. sugar
- 1/8 tsp. ground red pepper
- 1/2 cup reduced-sodium chicken broth

Dip ripe tomato in boiling water 30 seconds, then in cold water. Peel, remove the seedy portion and chop in medium pieces.

In nonstick skillet, heat oil over medium heat. Cook and stir onion, celery, green pepper and garlic 5 to 7 minutes until vegetables soften and begin to brown.

Add tomato, corn, green beans, sugar and red pepper. Cook stirring often, 8 to 7 minutes. Add chicken broth. Reduce heat to low. Simmer, stirring occasionally, about 10 minutes longer until corn is tender.

Serve hot. Makes six (2-3-cup) servings; 92 calories, 3 g protein, 17 g carbohydrate, 8 g fat, no cholesterol and 126 mg sodium each.

## Plan to eat healthy in new year

By Judy Eddy  
Correspondent

Resolving to eat healthfully each and every day is a wonderful way to start off the last year of the century.

**MICRO-RAVES** Learn to make healthy choices of foods, not just at meals, but remembering in-between meal snacks and treats count, too.

There is an old saying, "Some people live to eat, and others eat to live." Food is a great pleasure in life. It not only should taste good, but should be good for you. It should be pleasant to see, as well as eat.

A quick cruise through a supermarket shows a bounty of healthy foods, fresh and prepared mixes. Food packaging has come a long way toward cultivating healthy choices. The labels of prepared foods not only list the ingredients, but also the nutritional qualities of the contents.

Learn to read those labels to know what sodium content. Sodium content is a variable, because sometimes manufacturers add sodium to offset loss of flavor from diminished fat.

Learn the differences between types of fat. Be alert when saturated fats, the ones from animals, are

high. Vegetable oils are a healthier choice.

Choose leaner cuts of beef. Learn to check the label when buying ground beef. Choose the ground round or ground sirloin. The extra price is worth your health.

Grains and fiber-rich foods should be important in each day's food choices. Start off the day with a serving of cereal and choose whole grain breads for toast and sandwiches.

Just like the past year, 1999 will go much too quickly. As the days fly by, use each one wisely. Save time each day by letting a microwave oven save time and steps in the kitchen.

Start with breakfast. Single or multiple servings of breakfast cereal can be prepared in a microwave oven in minutes, versus time spent stirring and boiling with conventional stovetop cooking.

Baked fruit can be table-ready in minutes. Wash and core a large baking apple. Slice into a microwave-safe bowl. Sprinkle with cinnamon and dot with margarine. Cover with plastic wrap. Bake on high power 3 minutes.

A healthy fiber-rich chowder leads the way to a cozy dinner for two or a few. Add warm and toasty French bread for a perfect

winter meal. *Home economist Judy Eddy specializes in microwave cooking.*

### THREE-BEAN CHOWDER

- 1/2 cup chopped green bell pepper
- 1/2 cup chopped onion
- 1 tsp. oil
- 1 can (15 oz.) black beans, drained
- 1 can (15 oz.) red beans, drained
- 1 can (15 oz.) kidney beans, drained
- 2 cans (16 oz. each) diced tomato
- 1 cup chicken broth
- 1 cup pinto beans
- 1/2 tsp. garlic salt
- 1 tsp. cumin
- Fresh cilantro leaves, if desired

In large microwave-safe saucepan, cook onion and green pepper in oil on high power about 2 minutes until tender.

Add black, red and kidney beans, tomato, broth, pinto sauce, garlic salt and cumin. Stir well. Microwave on high power 5 minutes. Simmer at medium (50 percent) power 20 minutes.

Serve hot. For colorful boost, top with shredded cheese or nonfat sour cream before serving.

## Savory

Continued from page 1.

sauce. Divide the couscous between 4 individual plates. Place 1 large portabella mushroom sautéed in 1 teaspoon olive oil on each nest. Pour sauce over each mushroom and sprinkle the top with 1 tablespoon chopped walnuts and chopped chives. For more sweet potato recipes in a booklet by cookbook author Holly Clegg, call (800) 522-4742 or write to: Louisiana Sweet Potato Commission, P.O. Box 2550, Baton Rouge, La. 70821-2550.

Moving from vines to branches, the Washington Apple Commission posts recipes year-round, like sending a self-addressed, 12-by-9-inch envelope stamped with 78 cents postage to: 5-10-15 Minute

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## Biscuit topping gives crusty edge to tasty ham casserole

Nancy Cleveland, Ellisville, is the winner of this week's recipe contest for Ham and Biscuit Dinner, an entry in the Ham Recipe Contest. The prize is dinner certificates from the Pasta House Co.

### BLUE RIBBON COOK

Found in a national magazine almost 20 years ago, it is a family favorite. Cleveland likes for using leftover ham and vegetables. She says it appeals to all types of taste buds, even those, like hers, that do not usually eat ham.

The ham and vegetable mixture cooks in a white sauce, with rounds of cheese-filled biscuits baked on top. The mixture thickens as it cools.

Recipes in the Sandwich Recipe Contest should be postmarked by Jan. 31. A winner will be rewarded each Wednesday during February, so readers of Today's Food have an opportunity to win one of four times.

Send in a recipe that features any kind of sandwich. It can be cold or hot, gourmet or a nifty way to make toasted cheese, one to tote to work or one that steams in a slow cooker all day and is ready for the family to eat for dinner. In addition to sending in

the recipe, tell how you actually make it. Any story behind the recipe counts as part of the entry. Along with taste and eye appeal, it forms the basis for selecting winners. Originality will be considered, although the recipe need not be original. A single household can submit a single recipe.

Send it to: Sandwich Recipe Contest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131. If possible, name the recipe's source. Include the name of the Journal you receive.

Double-check directions and specific amounts, giving variations that individualize the recipe. Winners are notified by mail. Duplicate entries will be considered on the basis of earlier entry or best compliance with the rules. Contest winners may enter again six months after the prize-winning publication date.

### HAM AND BISCUIT DINNER

- 2 cups cubed cooked ham
- 1 cup kernal corn, drained
- 1 cup diced cooked potato
- 1/4 cup minced celery leaves or parsley

- 1 tbs. minced onion
- 1/4 tsp. salt
- 1/4 tsp. dry mustard
- 1/4 tsp. paprika
- 1/8 tsp. pepper
- 1/4 cup (1/2 cup) butter
- 2 tbs. flour
- 2 cups milk

### Cheese Biscuits

Preheat oven to 400°. In 2-quart casserole, combine corn, potato, celery leaves, onion, salt, dry mustard, paprika and pepper.

Melt butter in saucepan. Stir in flour until smooth. Gradually add 2 cups milk. Cook and stir until thickened.

Pour sauce over ham and vegetables. Top with biscuits. Bake in preheated oven 25 to 30 minutes.

Makes 4 servings. Cheese Biscuits: Combine 1 cup flour, 1 tablespoon sugar and 1/2 teaspoon baking powder in bowl. Cut in 1/4 cup shortening until fine crumbs form. Add 1/2 cup milk. Stir until dough clings together. Knead lightly on floured surface 12 times. Roll or pat into 8-by-6-inch rectangle.

Spread lightly with soft butter and sprinkle with 1/2 cup or more grated cheddar cheese. Starting with 8-inch end, roll up jellyroll fashion. Wrap in waxed paper. Refrigerate at least 15 minutes. Cut in 8 slices.

## Seasonings lift potatoes from being half-baked

Potatoes easily fall into the same ol'-same ol' routine. Testers found a seasoning mix for "perfect potatoes" by Shake 'n Bake alongside its stuffing mixes at Dierbergs that shook up their everyday dinner routine.

The product, at \$1.59 per package, offers seasoning packets and plastic bags to use on two separate occasions.

Several varieties are available, including herb and garlic, original and crispy cheddar.

Directions call for shaking 4 medium potatoes, cut in 1-inch cubes, in one of the plastic bags in which the seasoning has been placed. The seasoned potatoes then are baked in a 15-by-10-inch pan in which 3 tablespoons oil has been spread.

For a 13-by-9-inch or nonstick baking pan, directions call for using only 2 tablespoons oil. Glass pans are not recommended. For minimal fat, the pan can be coated with nonstick cooking spray, instead of using oil.

The crispy cheddar potatoes won the endorsement of a family

with small children.

The mom who cooked them said, "They were very easy to make and the kids loved them."

She definitely would buy them. She liked their cheesy taste and that the children ate them readily. Rather than cutting them in cubes, she sliced them in oblong sticks, because her two pre-schoolers love to eat french fries. They needed no extra preparation and were ready to eat straight from the oven.

Another family liked the original flavor served with a pork entree baked in the oven, so the tester varied the directions and also found the product reacted well.

"I didn't dare cook the meat at too high a temperature or it would have gotten rubbery, so the potatoes had to make do with a lower temperature for a little less time," she said.

She stretched calories by cutting back the oil to 2 tablespoons and increasing the number of potatoes to five. She liked that the one she tried from the series had no fat in the mix.

"They became tender in about the same amount of time. An extra five minutes probably would have made them crustier, but they were full of flavor — a mild, attractive, nothing-strange sort of flavor — and browned lightly," she said.

She said she was prepared to add an extra few minutes in a microwave oven to finish the cooking after putting them in a serving bowl, but it wasn't necessary.

"I make my own seasoned fries, but I would buy these for variety. I had another brand previously, but haven't seen that around lately and it was too barbecue-ish in flavor. These go well with red meat, but are mild enough to use with mostly anything. The price also is right," she said.

To cut fat more, she plans to try the second bag of seasoning with nonstick cooking spray coating the pan and sprayed on top of the potatoes.

"We had a few left in the bowl and had no problem dividing the extras between those eating that night, in spite of a filling meal," she said.

## Recipe

### LIGHT ALMOND APPLE STRUDEL

Preheat oven to 350°.

- 3 cups diced, peeled apples (macintosh suggested)
- 1/4 cup firmly packed brown sugar
- 1/4 cup plus 2 tbs. slivered almonds
- 1 tsp. cinnamon
- 1/2 tsp. nutmeg
- 1/2 tsp. almond extract
- 1/2 cup granulated sugar
- 2 tbs. bread crumbs
- 6 sheets phyllo dough, thawed, covered with damp towel and plastic wrap to keep moist

In bowl, combine apples, brown sugar, 1/4 cup almonds, cinnamon, nutmeg and almond extract. Generously spray mixture with butter-flavored nonstick cooking spray. Toss. In small bowl, combine bread crumbs and 2 tablespoons granulated sugar.

Lay sheet of phyllo on cookie sheet. Spray generously with cooking spray. Sprinkle 2 teaspoons bread crumb mixture over phyllo. Repeat layering, using all sheets.

Spoon apple mixture along one long edge of phyllo, leaving 2-inch border.

Fold over short edges of phyllo to cover 2 inches of filling on each end. Roll phyllo seam-side down in jellyroll fashion. Make 5 to 6 slits across top.

Spray with cooking spray, then sprinkle with remaining 2 tablespoons granulated sugar and 2 tablespoons almonds.

Bake in preheated oven 25 to 30 minutes until golden.

Makes 6 to 8 servings.

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# Today's Food

## Do canned vegetables hold nutrition? You bet they can

By Melanie Polk  
Correspondent

Conventional wisdom says fresh fruits and vegetables provide more nutrition and flavor than processed produce. However, modern canning techniques have all but erased the differences.

Canned varieties can

make an important contribution to a healthy, plant-based diet, especially when fresh fruits and vegetables are hard to find or less than optimum in quality.

While it is true that heat used in canning sometimes causes a loss of some nutrients, fresh fruits and vegetables can incur even more severe vitamin losses due to careless transportation, improper store displays or home storage, and even prolonged cooking.

Canned produce options should not be overlooked. They are sometimes the most convenient choices and can help fit in the five daily servings of fruits and vegetables recommended by those who want people to be healthy — a goal most people fall far short of achieving.

Today's commercially processed produce often is canned immediately after harvesting at the farm.

Recent studies confirm that in most cases canned produce is nutritionally comparable to its prepared fresh counterparts.

Here are more tips for getting the most nutrition out of a can:

- Store canned fruits and vegetables in a cool, dry place away from radiators, furnaces, hot pipes or kitchen range. Some 25 percent of vitamin C can be lost if canned vegetables are stored at 80° for one year, compared to only a 10 percent loss if stored at 65°.

- Use canned beans within 18 months, other canned vegetables and fruits within two years.

- Heat canned vegetables in their own liquid until they are hot (165°). Use leftover liquid for soups and sauces, since it can contain up to one-third of a vegetable's nutrients.

- Make a quick New England Clam Chowder by combining a can of new potatoes, drained and diced, with minced clams in their juice, bottled clam juice, milk and a little flour. For a Mexican macaroni dish, combine cooked elbow macaroni and browned lean ground beef with a can of Mexican-style corn, a can of tomatoes (chopped) and chili powder to taste.

- For a free brochure with other easy ways to incorporate fruits and vegetables into daily eating, send name and address to: American Institute for Cancer Research, Department FF, P.O. Box 97167, Washington, D.C. 20090-7167. Registered dietitian Melanie Polk reviews this material for the AICR in Washington.

### ENSALADA FRESCA CON LIMA

1 pkg. (10 oz.) prepared salad blend (American or Italian)  
1 can (15 oz.) black beans, rinsed, drained  
1 can (7 oz.) corn with peppers or 1 can (8 3/4 oz.) whole kernel corn, drained  
1 large tomato, chopped  
2 tbsp. canola oil  
1 tsp. grated lime peel  
3 tbsp. lime juice  
2 tbsp. finely chopped, fresh cilantro or parsley

In large serving bowl, toss together salad blend, beans, corn and tomato. Combine oil, lime peel and juice and cilantro in small bowl. Pour over salad mixture. Toss to coat evenly.

Makes 6 servings, 179 calories and 5 g fat each.

### ROAST BEEF SANDWICH ITALIANO

4 to 6 Italian peppers (hot or sweet)  
1 tsp. olive oil  
1 loaf (8 oz.) Italian bread,

split in half lengthwise  
3 tbsp. mayonnaise  
3 tbsp. horseradish  
8 oz. roast beef, thinly sliced  
4 slices provolone or cheddar cheese  
Clean and seed peppers; cut in strips.

In skillet, saute peppers in olive oil until tender. Combine mayonnaise and horseradish. Spread mixture on cut sides of bread. Cover each with peppers. Pile beef on top. Add cheese. Broil until cheese is melted.

### CHAMPAGNE RISOTTO

1 cup chopped onion  
1 tbsp. butter  
1 cup uncooked arborio or medium grain rice  
1 cup dry champagne  
4 cups reduced-sodium

chicken broth, heated  
1/4 cup freshly grated parmesan cheese

In large skillet over medium-high heat, cook onion in butter until soft. Add rice. Stir 2 to 3 minutes. Add champagne. Stir until absorbed.

Stir in 1 cup broth. Cook, stirring often, until broth is

absorbed. Continue to add 1/2 cup broth at a time, stirring and simmering until fully absorbed before making addition.

Risotto is done in about 25 to 30 minutes when rice is creamy and still has slight bite. Stir in cheese. Serve immediately.

Makes 6 servings.

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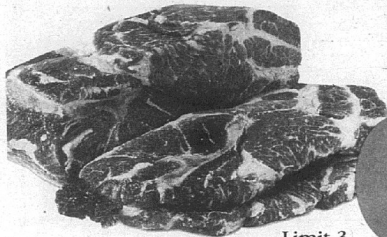




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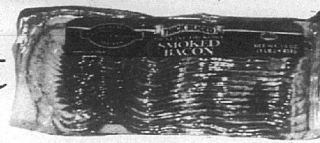
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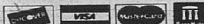
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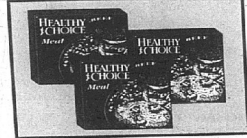


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Snackwells **2/398**  
Snack Cakes..



ASSORTED VARIETIES, LOW FAT  
Healthy Choice  
Cream Cheese

**2/\$3**  
8-OZ.  
PKG.

ASSORTED FLAVORS  
Healthy Choice  
Ice Cream

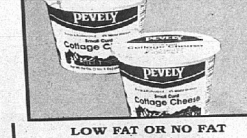


ASSORTED FLAVORS  
Healthy Choice  
Ice Cream

**2/595**  
HALF  
GALLON

ASSORTED VARIETIES  
Snackwells **3/498**  
Cereal Bars...

NO FAT  
Daisy  
Sour Cream..... **119**



LOW FAT OR NO FAT  
Pevely  
Cottage Cheese

**179**  
24 OZ. PKG.

ASSORTED FLAVORS  
FAT FREE  
Breyers **2/695**  
Ice Cream....

FAT FREE OR LOW FAT  
Borden  
Cheese..... **199**

## BEER, LIQUOR, WINE & CORDIAL Values



REGULAR OR LIGHT  
Michelob

**697**  
12-N/R  
BTLS.

LIQUOR PRICES GOOD AT ILLINOIS STORES ONLY. SOME ITEMS NOT AVAILABLE AT ALL STORES

Miller Lite or  
Genuine Draft **1247**

REGULAR, LIGHT OR ICE  
Milwaukee's  
Best..... **699**

Stag..... **488**

REGULAR OR LIGHT  
Miller  
High Life..... **997**

Keystone  
Light..... **888**

REGULAR OR LIGHT  
Busch..... **517**



ASSORTED VARIETIES  
Carlo  
Rossi

**599**  
4-LTR.  
BTL.

CABERNET  
SHARDONAY  
OR MERLOT  
Gallo California **599**

E&J  
Brandy..... **689**

CITRON, KURRANT OR PEPPAR  
Absolut  
Vodka..... **1499**

Seagram's  
7 Crown..... **1277**

Please Be  
Responsible.  
Don't Drink  
& Drive



SELECTED VARIETIES  
Franzia

**599**  
5-LTR. BOX

Seagram's  
Gin..... **998**

Seagram's  
V.O..... **844**

ASSORTED VARIETIES  
DeKuyper  
Schnapps..... **588**

ASSORTED VARIETIES  
Paul Masson  
Carafes..... **3/999**

ASSORTED VARIETIES  
Mr. & Mrs. T's **3/699**  
Mixers.....

Jose Cuervo  
Authentic..... **899**

## HEALTH & BEAUTY Values



DOES NOT INCLUDE WHITENING  
Aquafresh  
Toothpaste

**119**  
6-6.4 OZ.  
PKG.

WHILE SUPPLIES LAST

18-OZ. LOTION OR  
6-OZ. LOTION MIST  
St. Ives  
Lotion..... **2/\$5**

ROLL-ON, SOLID OR GEL  
MEN OR LADIES  
Mitchum  
Deodorant..... **199**

ASSORTED VARIETIES  
Ricola  
Cough Drops..... **99¢**

FRUIT OR GRAPE  
Advil Children's  
Suspension..... **2/\$5**

VITAMINE, COLORVIVE  
OR BODYVIVE  
SHAMPOO OR  
CONDITIONER  
L'Oreal..... **239**

30-CT. TABLETS, CAPLETS, GEL  
CAPS. 30-CT. LIQUID OR  
20-CT. COLD &  
FLU CAPLET  
Advil..... **379**



Ultra Slimfast  
Powder

**499**  
15-OZ.  
CAN

READY TO DRINK  
Ultra  
Slimfast..... **499**

DM OR CF  
Robitussin..... **399**

Vaseline Intensive  
Care Lotion..... **239**

Windshield  
Washer Solvent **79¢**

Duraflame  
Fire Starts..... **339**

Homebest  
Firelogs..... **88¢**



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ASSORTED VARIETIES  
**Jif**  
Peanut Butter

**2/\$3**  
17.3-18  
OZ. JAR



ASSORTED VARIETIES  
**Crisco**  
Oil

**1 97**  
48-OZ.  
BTL.



ORIGINAL, SOUR CREAM OR  
BARBECUE  
**Pringles**  
Fat Free Crisps

**2/\$3**  
6.5-OZ.  
CAN



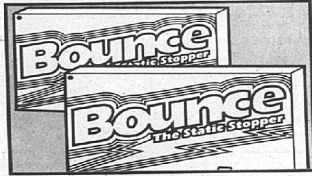
ASSORTED VARIETIES  
**Dawn Ultra**  
Dishwashing Liquid

**1 87**  
28-OZ.  
BTL.



ASSORTED VARIETIES  
LIQUID OR POWDER  
**Cascade**  
Dishwasher  
Detergent

**2/3 95**  
45-50 OZ.  
PKG.



ASSORTED VARIETIES  
**Bounce**  
Fabric  
Softener Sheets

**2/6 97**  
80-CT.  
PKG.



ASSORTED VARIETIES  
**Downy Ultra Liquid**  
Fabric Softener

**2/6 97**  
40-OZ.  
BTL.



POWDER OR LIQUID  
ASSORTED VARIETIES  
**Tide or Cheer**  
Laundry Detergent

**4 97**  
92-105  
OZ. PKG.



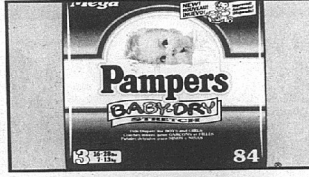
**Pampers Baby  
Fresh Wipes**

**2 79**  
84-CT.  
PKG.



**Pampers Baby Fresh  
Wipes Refill**

**4 49**  
168-CT.  
PKG.



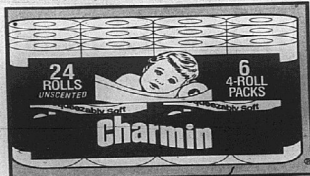
ASSORTED VARIETIES  
**Pampers**  
Mega Diapers

**16 99**  
68-84 CT.  
PKG.



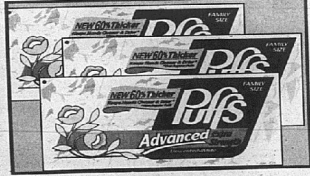
BUNDLE PACK  
**Bounty**  
Paper Towels

**5 97**  
8-ROLL  
PKG.



12-ROLL ULTRA DOUBLE ROLL  
OR 24-ROLL REGULAR  
**Charmin**  
Bath Tissue

**2/\$10**  
LIMIT 4



ASSORTED VARIETIES  
**Puffs**  
Facial Tissues

**3/\$4**  
144-250  
CT. PKG.



ASSORTED VARIETIES  
**Always**  
Feminine  
Care Products

**2/\$5**  
16-40  
CT. PKG.



ASSORTED VARIETIES  
FEMININE CARE PRODUCTS  
**Always**  
Jumbo Pack

**4 99**  
28-44  
CT. PKG.



# Hot Prices for Chilly Weather!



GROUND FRESH SEVERAL  
TIMES DAILY  
FAMILY PACK  
**Ground Chuck**

**97¢**  
lb.  
LIMIT 3 PACKAGES



FAMILY PACK  
**Center Cut  
Pork Steaks**

**97¢**  
lb.



LEAN MEDIUM SIZE  
**Fresh  
Pork Spareribs**

**97¢**  
lb.  
LIMIT 3 PACKAGES

CHICKEN, BEEF OR PORK  
**Lloyd's Tub  
Barbecue.....**

**3.99**  
1/2 lb.

USDA CHOICE CORN FED BEEF  
FAMILY PACK  
**Boneless  
Charcoal Steaks.....**

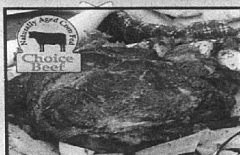
**1.59**  
lb.

LEAN TENDER  
FAMILY PACK  
**Beef Stew.....**

**1.89**  
lb.

FAMILY PACK  
**Pork  
Cutlets.....**

**1.89**  
lb.



USDA CHOICE CORN  
FED BEEF  
**Boneless  
Chuck Roast**

**1.37**  
lb.

**Jennie-O 5/\$4**  
Ground Turkey.....

SHOP 'N SAVE  
COUNTRY STYLE  
**Thick Sliced  
Slab Bacon.....**

**1.39**  
lb.

SHOP 'N SAVE  
**Pork Sausage.....**

**2/\$3**  
1 lb. roll

USDA CHOICE CORN FED BEEF  
**Boneless  
Shoulder Roast.....**

**1.59**  
lb.



TENDERBIRD FROZEN  
**Skinless, Boneless  
Chicken Breast**

**5.97**  
3 POUND  
PACKAGE  
LIMIT 3 PACKAGES

**Eckrich Virginia 3.99**  
Baked Ham.....

CORNER BEEF, ITALIAN BEEF  
OR PASTRAMI  
**Manda  
Roast Beef.....**

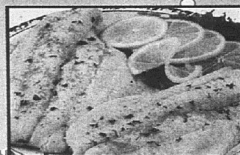
**3.99**  
lb.

DELI DEPARTMENT  
REGULAR OR SMOKED  
**Jennie-O 2.99**  
Turkey Breast.....

**2.99**  
lb.

REGULAR OR TEXAS  
**R.B. Rice 2/\$3**  
Chili.....

**2/\$3**  
1/2 lb.



FARM RAISED  
**Catfish  
Fillets**

**2.99**  
lb.

SEAFOOD DEPARTMENT  
5-30 COUNT  
RAW IN THE SHELL  
**Shrimp.....**

**4.99**  
lb.

FLASH FROZEN  
**Yellowfin  
Tuna Steaks.....**

**3.99**  
lb.

BAKERY DEPARTMENT  
**Sourdough or  
Italian Bread.....**

**99¢**  
1/2 lb.

BAKERY DEPARTMENT  
**Cinnamon  
Pull-A-Part.....**

**1.59**  
1/2 lb.



1 1/2 & 3/8 CT. SIZE  
WASHINGTON STATE  
**Red or Golden  
Delicious Apples**

**78¢**  
lb.

U.S. NO. 1  
**Russet Baker  
Potatoes.....**

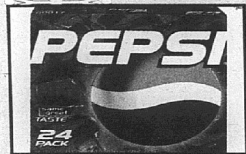
**48¢**  
lb.

**Fresh 5/.98**  
Kiwi Fruit.....

**Florida 5/.98**  
Tangerines.....

**Northwest 78¢**  
Bartlett Pears.....

**78¢**  
lb.



24-CAN CUBE  
**Pepsi, Diet Pepsi or  
Mountain Dew**

**4.88**  
24/12-OZ.  
CANS

**Nestle 2.69**  
Quick Milk.....

SELECTED VARIETIES  
**Inland Valley 99¢**  
Potatoes.....

LEAN 'N TASTY, YU SING OR  
**Michellina 6/\$5**  
Entrees.....

SELECTED VARIETIES  
**Freshlike 95¢**  
Vegetables.....

**95¢**  
1/2 lb.



12-PACK, SPRITE,  
**Coca Cola Classic  
or Diet Coke**

**2/5.88**  
12/12-OZ.  
CANS

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**1 1/2 Dozen 79¢**  
Medium Eggs.....

ASSORTED FLAVORS  
**Breyer's 2/6.95**  
Ice Cream.....

ASSORTED VARIETIES  
**Lucia's 3/9.99**  
Pizza.....

ASSORTED FLAVORS  
**Prairie Farms 3.99**  
Ice Cream Pails.....

**3.99**  
1/2 gallon



BUNDLE PACK  
**Bounty  
Paper Towels**

**5.97**  
5-ROLL  
PACKAGE

SELECTED VARIETIES  
CHEF STYLE  
**Sargento 3/\$5**  
Shredded Cheese.....

**Ocean Spray 2/\$5**  
Grapefruit Juice.....

SHOP 'N SAVE  
**Split Top 99¢**  
Wheat Bread.....

SHOP 'N SAVE  
**Brown N Serve 99¢**  
Rolls.....

**99¢**  
1/2 lb.



12-ROLL, ULTRA DOUBLE ROLL  
OR 24-ROLL REGULAR  
**Charmin  
Bath Tissue**

**2/\$10**  
LIMIT 4

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FRESH  
**Radicchio ..... 2.48**

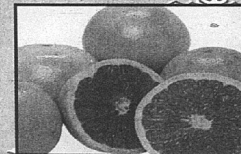
**Alfalfa Sprouts ... 68¢**

**Portabella Caps ... 2.88**

**Split Top 2.98**  
Ginger Root .....

**2.98**  
QUAIL MOUNTAIN  
Fresh Herbs .....

**1.98**  
1/2 lb.



48-COUNT SIZE  
**Red Grapefruit**

**5/.98**

GREENER SELECTIONS  
**Dole 2/\$3**  
Salad Mix.....

**California 3/.98**  
Green Onions.....

**Dole 78¢**  
Cello Carrots.....

**78¢**  
1/2 lb.

**Fresh 78¢**  
Bean Sprouts.....

**78¢**  
1/2 lb.

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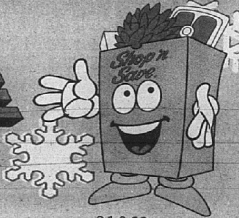
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# Automotive

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## Compact Ranger is appealing with four doors

By Tom Strongman

### Engine:

4.0-liter, V-6

### Transmission:

Automatic

### Wheelbase:

125.7 inches

### Base Price:

\$15,960

### Price as Driven:

\$21,690

### MPG Estimate:

16 city, 21 highway

In many ways, compact pickups are the sports cars of the 1990s. They are the personification of a personal-use vehicle because so many of them see duty as commuters instead of haulers.

In light of that, they continue to get more versatile, and Ford's Ranger is a good example. The SuperCab model now has two secondary doors to facilitate using the space behind the seat. The doors are hinged at the rear and open after the main door is open.

This change, instituted in the latter part of the 1998 model year, completes Ford's plan to offer four-door versions of every truck in its line.

Because the extra doors came late in 1998, little outside of color and trim items have been changed for 1999. The Splash model is no longer available, but the Flareside box, with separate fenders, is now available as a \$455 option on XL or XLT. The Flareside bed is my favorite because it gives the truck a youthful and energetic style.

The beauty of secondary doors on extended-cab trucks is the way they open up, both figuratively and literally, access to the space behind the seats. When a friend and I loaded our mountain bikes for a ride, throwing our gear behind the seat was a cinch because the little doors open very wide.

The doors have vertical beams for added strength, and actually contribute to the vehicle passing the government's 1999 side-impact standards, according to Ford.

Sliding into the Ranger is like shaking hands with an old friend. Everything feels familiar. The instrument panel is thoughtfully designed and well executed. Gauges are clear and simple, the heater has simple rotary controls and the radio has large buttons. A cup holder sits on the floor under the dash.

Even though the SuperCab's passenger compartment is 3 inches longer this year, the area behind the back seat is not especially deep. The small, center-facing jump seats, complete with seat belts, can be deleted for those who want the space to be completely open.

In front, a 60/40 split bench front seat can accommodate three across in a pinch. A fold-down center armrest is a good place for storing maps or sunglasses.

Dual front air bags are standard, but the one on the passenger side can be turned off with a key so it doesn't endanger small children or those in child safety seats.

Engine options include a 2.5-liter, four-cylinder (115 horsepower), a 3.0-liter V-6 (150 horsepower) and a 4.0-liter V-6 (160 horsepower). The latter engine is also used in the Explorer.

The truck I drove was equipped with my favorite Ranger powertrain, the 4.0-liter V-6 and five-speed automatic transmission. The five-speed automatic's extra gear spreads power across the rpm range, maximizing this engine's output. It costs \$1,130, but I think it is worth it.

The test vehicle's 126-inch wheelbase resulted in a smooth ride, even when empty or lightly loaded. Bed length is 6 feet on both the short-wheelbase regular cab and long-wheelbase SuperCab. An 8-foot box is available on the long-wheelbase regular cab. All beds will hold a 4-by-8-foot sheet of plywood as long as it is placed above the wheel wells.

Should you need to load cargo at night, a small light on the back of the cab illuminates the bed.

The base price of our test vehicle was \$15,960. Options included the 4.0-liter engine, five-speed automatic transmission, Flareside box, sliding rear window, AM/FM stereo, power mirrors, power windows, keyless remote, cruise control, tilt wheel, aluminum wheels and air conditioning.

The sticker price was \$21,690. The warranty is for three years or 36,000 miles.

## Points & Plugs

### Some vehicles listed as "Best Products"

By Rick Stoff

The Lexus RX300 sport-utility vehicle, Yamaha YZF1000R1 hot-rod motorcycle and Volkswagen Beetle have been listed among Business Week magazine's Best Products of 1998.

The magazine says the RX300 is a refined alternative to trucklike sport-utility vehicles. It says of the Yamaha, lightweight meets awesome power. The new Beetle retains its cut bubble shape — but now has a heater that actually works.

Also listed was the Case MX Series Magnum tractor, which can be equipped with a computer and satellite tracking technology for farmers who have really big fields. The magazine says the big tractors are as easy to drive as the smoothest Japanese sedan.

Another article in the magazine's Dec. 21 issue revealed the true star of the automobile industry in 1998 — the Ford sport-utility vehicle. Business Week reported that Ford earned \$5 billion — 57.5 percent of its pre-tax profits — on sport-utes last year. Its popular SUVs account for nearly 20 percent of unit sales. The \$45,000 Lincoln Navigator earns Ford a record margin of \$17,000 each. Due to its success in the upscale market, Ford earns \$1,100 more per vehicle than General Motors and ranks as the world's most profitable car company.

What's the meaning of this? A marketing study has found that one of four people buying their first motorcycle is a woman. J.D. Powers and Associates says 25 percent of the people who bought a new motorcycle last year — as their first-ever bike — were females. The company found that nearly 40 percent of these women went to college, nearly half were married and nearly 80 percent bought the big cruiser motorcycles.

In other obscure motorcycle news, a federal court in Colorado decided Dec. 7 to award the trademark of the Indian Motorcycle to IMCOA Licensing America Inc. of Wilmington, Del. This case may be interesting mostly because Indian stopped making motorcycles in 1953 after 52 years of operation.

The new Indian company will arise from the merger of nine companies that now form the second-largest producer of heavy cruiser motorcycles in North America, the company said. Next year's revenues are expected to reach \$100 million.

A plant in Gilroy, Calif., will be building 25,000 Indians annually by 2001. The company also plans to open 12 Indian Motorcycle Cafes across the country, beginning next year. A subsidiary, Indian Motorcycle Clothing, has been doing business out of Canada since 1986.

The new company says it will re-introduce the brand with a finely engineered motorcycle that will return the Indian Motorcycle name to its rightful prominence.

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93 Buick Park Ave, VERY CLEAN.....	\$9,990
95 Safari Explorer Conv.....	\$14,990
95 Vandura Tiara Conv.....	\$14,990
94 Chevy Lumina, SUPER CLEAN.....	\$8,995
92 Dodge Shadow, GREAT 1 <sup>st</sup> CAR!!.....	\$4,950
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94 Saturn SLI, Torch Red.....	\$7,495
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98 Plymouth Neons, 6 TO CHOOSE.....	\$10,990
95 Subaru Outback AWD Wagon.....	\$15,990
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#### 96 GEO METRO 2DR LSI

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AUTO, AIR

#### 94 DODGE DAKOTA P/U

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#### 95 GRAND AM SE

\$9,878

#### 98 PONTIAC SUNFIRES 2 DRS & 4 DRS

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97 Chevy Venture Van.....	\$17,988
92 Town Car Executive.....	\$9,990
93 Sedan Deville.....	\$11,988
94 Thunderbird LX.....	\$9,990
97 Crown Victoria LX, Leather.....	\$16,283
95 Saturn SL2, SHARP.....	\$9,988
96 Jimmy 4X4, 4 DOOR.....	\$17,990
96 Cadillac Deville, BLACK.....	\$21,578
97 Volvo Wagon 850 T5 Turbo.....	\$26,888
95 GMC Safari Van, 1 ONLY.....	\$15,988
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**EMPLOYMENT**  
210



**NOTICES**  
400



**SERVICES**  
700



**MERCHANDISE**  
1700



**REAL ESTATE**  
2100



**RENTALS**  
2600

**Transportation**

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**Employment**

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**Services**

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**Real Estate**

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**Rentals**

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**POST REWARD.** Black and white female cat in Granbury on Dec. 23rd. May have been. Please call 236-0322.

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